

Edgar F. Czirny



AMERICAN COLLEGE
of
MECHANO-THERAPY
Announcement ©
1910-11

A Record of Forty-two Years

MECHANO-THERAPY HAS LONG CEASED TO BE AN EXPERIMENT

FOR over forty-two years it has been successfully practiced at the Chicago Movement Cure under the auspices of which the American College of Mechano-Therapy is being conducted. The great work of these many years is now bearing fruit in the success of our graduates. These ambitious men and women, of all ages, are now benefiting themselves financially and their fellow-men physically through the system we taught them. They are reaping the harvest of that which we and our predecessors have sown. These facts are absolute and admit of no doubt. We print here, and in the following pages, some of the many letters we have on file, conclusively proving that the statements we make are based on actual facts. Some of our graduates have sent us letters of endorsement, also telling of their remarkable financial success and requested us to not publish their names as they are too busy to answer letters.

"Engaged to Manage a Sanitarium"

LOS ANGELES, CAL.

The American College of Mechano-Therapy, Chicago, Ill.

W. C. SCHULZE, President.

Dear Doctor:—The tuition concerning Mechano-Therapy was far superior to my expectation. I am now engaged to manage and take charge of a sanitarium in this vicinity with a salary of \$200 a month to start, so it was my lucky day when I first took up your tuition, and I can't express through the pen's medium how thankful I am to you for what you have done for me, and I shall do all in my power to induce my friends to take a course in Mechano-Therapy.

Thanking you for all your favors, I am

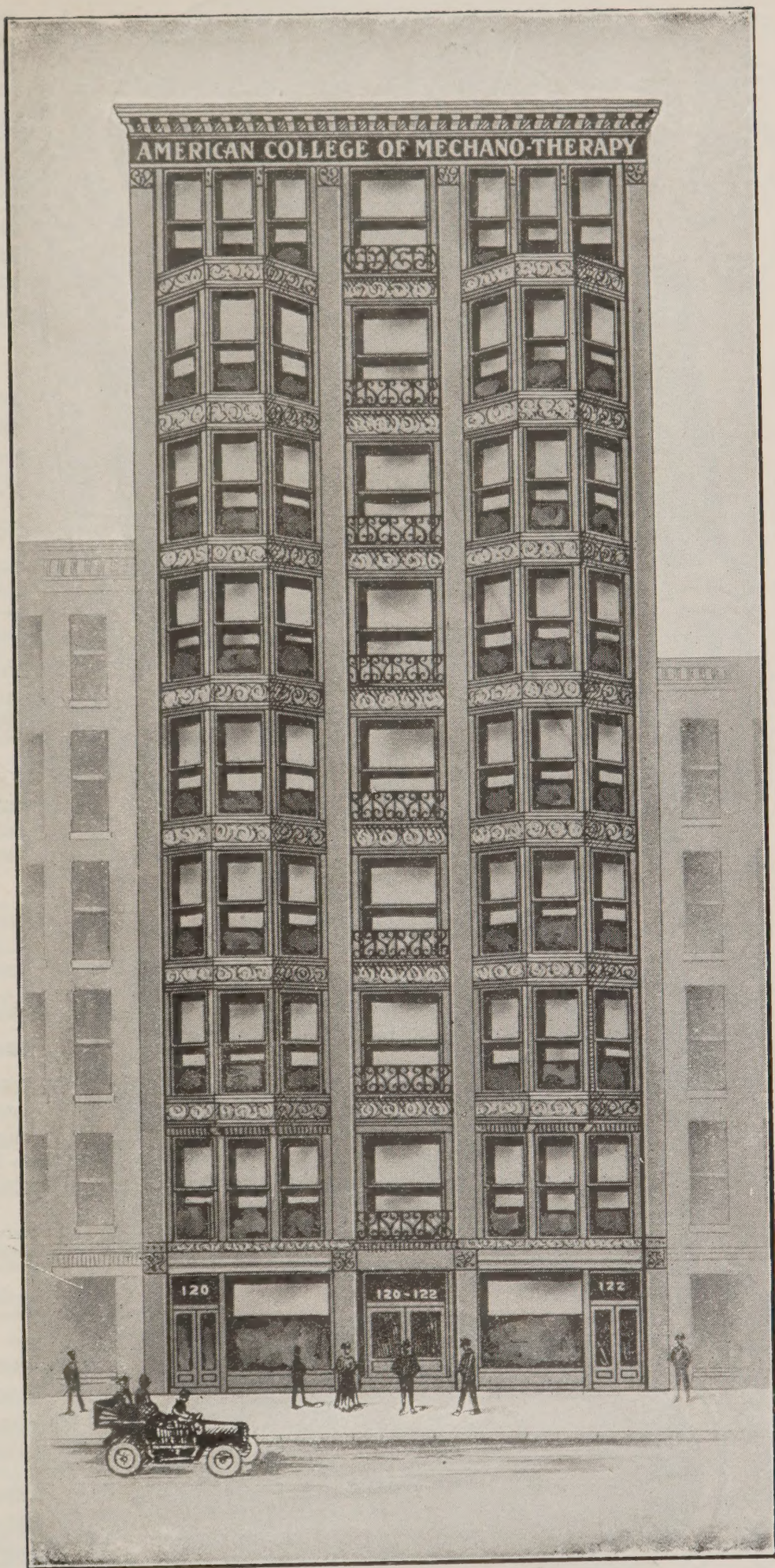
Your sincere student,

DR. E. A. CANDZEHLE, M.-T.

READ IMPORTANT NOTICE ON PAGE 38



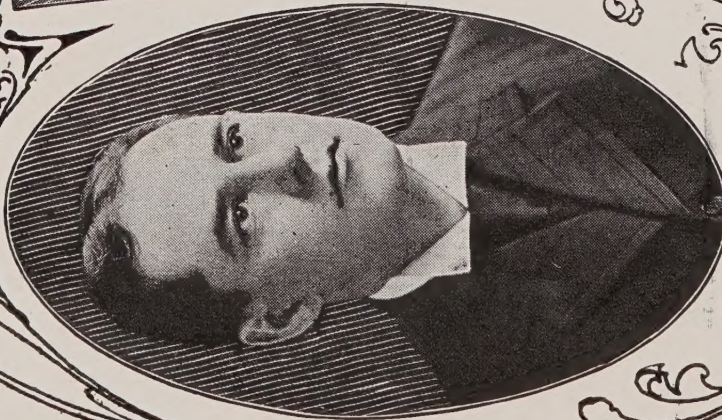
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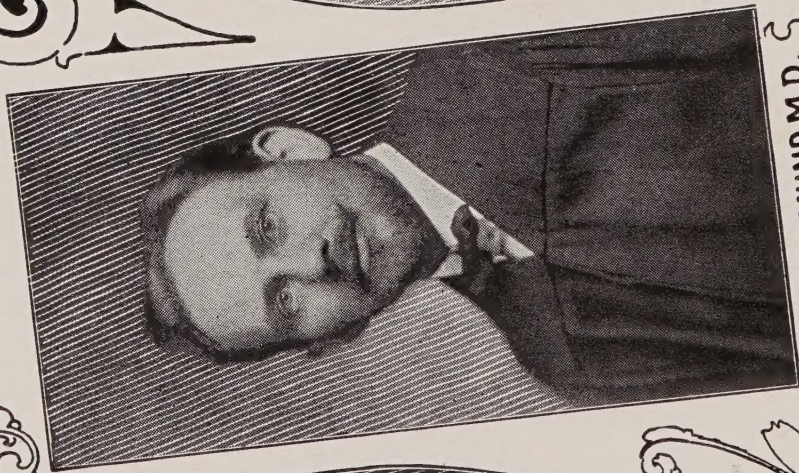
HOME OF THE AMERICAN COLLEGE OF MECHANO-THERAPY.

AMERICAN COLLEGE OF MECHANO-
THERAPY

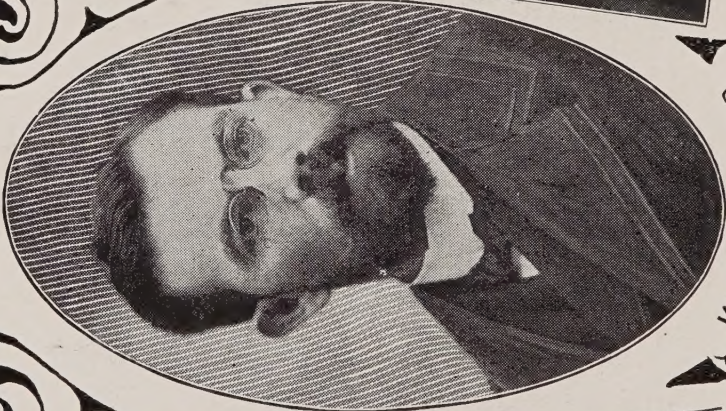
FACULTY



S.J. TINTHOFF.



E. BROMUND, M.D.



W.C. SCHULZE, M.D.

DEAN.



Wm L. LEBOY, M.D.



F.S. TINTHOFF.

AMERICAN COLLEGE OF MECHANO-THERAPY.

PROSPECTUS

Setting forth the Particulars of an
EXTENSION or CORRESPONDENCE
Course in Mechano-Therapy

The American College of Mechano-Therapy

W. C. SCHULZE, M. D., Dean
S. J. TINTHOFF, Treasurer
F. STEVENS TINTHOFF, Secretary

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AMERICAN COLLEGE OF MECHANO-THERAPY
CHICAGO, ILLINOIS

The American College of Mechano-Therapy

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FACULTY.

W. C. SCHULZE, M. D.,
Professor of the Principles and Practice of Mechano-Therapy.

EMIL BROMUND, M. D.,
Professor of Diagnosis.

WM. L. LE BOY, M. D.,
Chief Examiner.

R. V. BARTA, M. D.,
Chief of Clinic.

S. J. TINTHOFF,
Instructor in Business Methods.

F. STEVENS TINTHOFF,
Director of Correspondence Department.



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INTRODUCTORY TO OUR STUDENTS AND GRADUATES.

In the following pages we have incorporated various expressions of opinion on our course and testimony as to the professional success of a few of our students and graduates.

These letters give you an exact idea of the estimation in which our course is held by those who have made a closer acquaintance with it.

They are entirely satisfactory to us as showing our methods are of noteworthy value to all ambitious men and women and inspire us to still greater efforts in behalf of our students' welfare.

As significant and sufficient evidence of our usefulness and value as an institution of practical learning to our students, we call attention to the tone of these letters. They ring with the fine fervor of expectancy that warms and inspires the minds of those who know that for them, at least, a success equal to their ambition is well within their grasp.

We are proud of these men and women for though they come from every walk and avenue of life, they are the intellectual peer and equal of any professional class in the nation, and it will be an honor and a matter of pride to you also to become a welcomed member of this prominent and important body.

We wish we could print more of these letters, especially many whose intense note of satisfaction would be helpful and inspiring to you, but the limits of this booklet forbid the introduction of all but a very few. We invite any prospective student to call, however, and take an hour or two to read them in the original. Or if you cannot call and have a friend in Chicago, ask him to come and look over this mass of correspondence. We anticipate your own or friend's visit to the college with pleasure and will do everything in our power to turn the event into one of interest and value.

AMERICAN COLLEGE OF MECHANO-THERAPY,

Chicago, U. S. A.

FOREWORD.

This science is a factor in the amelioration of suffering. It borrows worth from its power to satisfy a need of humanity. The necessity for a legitimate school for the teaching of its principles and practice is apparent.

This school is the oldest, largest and most substantial of its kind in the United States.

Each subject is taught by a man fitted by experience to do so.

The subject matter is systematized experience—not theory.

The training is conscientious and thorough.

THE STUDENT AND HIS AMBITIONS.

As the marvelous results of Mechano-Therapy are rapidly being recognized and the demand for the practitioners of this science is far greater than the supply, this college offers to men and women of every age an opportunity for advancement such as has not been presented for a quarter of a century. Those who have hitherto been bound down to an hum-drum existence and to lowly environment, have here the chance to raise themselves to such a degree as their fairest dreams have not pictured. Here is a profession in which there is no long period of struggle and weary waiting. Your ambition, energy and labor are rewarded with immediate financial results. Thousands of places are offering an opportunity to the young, the middle aged, or the old.

Mechano-Therapy is bringing about a revolution in the drugless healing methods. Every struggling man or woman should be identified with it. Every town and every house is in need of Mechano-Therapy. This science, as taught by this college, is the opportunity of an epoch.

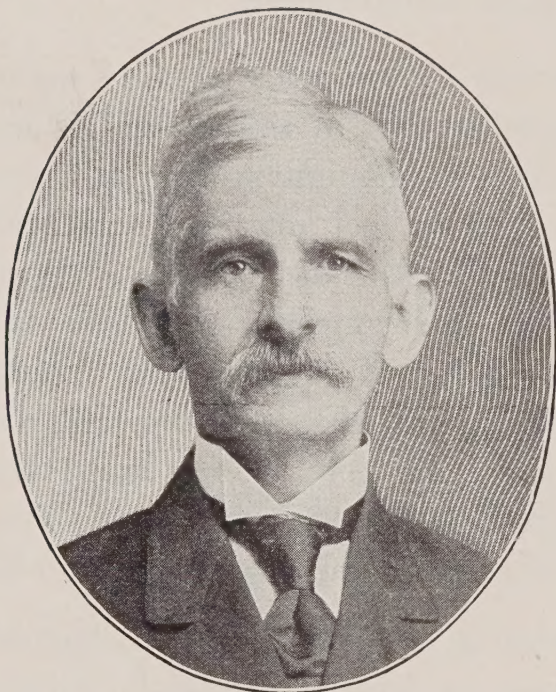
There are a large number of men and women with inclinations toward the medical profession who never expect to be able to gratify their ambition.

They have no hopes of ever being able to spare the time and money required of the medical student. Consequently, it is likely many a shining light is lost to the profession.

To these Mechano-Therapy comes as a very welcome opportunity, for it opens the door to a medical career.

The competent Mechano-Therapist is, in fact, a very good doctor before he attempts his M. D., if he ever does, (this profession has decided pecuniary charms), for he gains in his M. T. practice a vast amount of first hand acquaintance with disease conditions, and knows perfectly well how to apply remedial measures of every kind with the exception of the knife and drugs.

So the student with leanings toward a medical career finds in Mechano-Therapy a very high step in the direction of his ambition, supplying him as it does, with the opportunity to acquire not only knowledge and experience of incalculable value to him, but also, the money with which to put his plan into effect.



ENOCH LEWIS STOUT, M.-T. D.

**"OFTEN MAKE \$25.00 TO \$30.00
PER DAY."**

Oct. 26, 1909.

To the American College of Mechano-
Therapy,

W. C. Schulze, M. D., Dean,
Chicago, Ill.

Dear Doctor:

I want to hereby publicly thank you and your College for the kindness shown me while studying the mail course in Mechano-Therapy, which enabled me to secure such a high per cent on examination and secured for me the title of Doctor of Mechano-Therapy, together with your beautiful Diploma, which I prize very highly.

In regard to my views on the new Science of Healing without Drugs, I will say it is the **greatest** thing of the age, **curing** hundreds of diseases **after** the Medical Doctors had failed. By reference to my little booklet, you will find testimonials of wonderful cures made by us.

Then, I feel convinced that there is a **financial success** in it for all who will put forth the energy necessary for success in any line of work, and to relieve suffering humanity should be our highest aim in life.

I now get patients from four different States and **often make as high as \$25.00 and \$30.00** per day, without advertising or fighting the Medical Doctors—they are my **best** friends.

E. L. STOUT, M.-T. D.

"I AM DOING VERY WELL."

June 2, 1909.

Dr. W. C. Schulze,

Dean American College of M.-T.

Dear Doctor:

As I have completed your course of Mechano-Therapy, I feel it a duty and a justice to you to give my sentiments concerning the course obtained at your college.

It is a pleasure to me to heartily endorse your college, especially to those who contemplate a course in drugless healing. The course given by your college is plain, clear and easily comprehended, and any one with an ordinary education can soon master the course. I also wish to say that words are inadequate to express the pleasure and benefits derived from your course that is more than satisfactory and far beyond my expectations. I have treated several patients and have succeeded in every case, and am happy to say that **I am doing very well.**

I thank you for the kind attention and treatment accorded me. My diploma is beautiful, and I thank you for the same. You are at liberty to make use of with this letter as a testimony for the college.

With best wishes for your success,
I remain

Respectfully yours,
ELIZ. S. ROSENSTEEL, M.-T.



ELIZ. S. ROSENSTEEL, M.-T.

Those students who are simply anxious to learn some profitable, congenial, high-class calling will find that Mechano-Therapy meets these requirements fully.

SOCIAL STANDING.

The work of Mechano-Therapy gives one a standing in his community as a person of expert attainments, it pays very well as soon as the graduate is established, and it is one of the most fascinating vocations imaginable.

It is monotony that destroys one's interest in his business and turns his work into drudgery, but no such fate is in waiting for the active Mechano-Therapist. Every day new interests and new duties are imposed upon him, and he is charmed perennially watching for the welcome signs which mark the favorable development of his work. Another circumstance which operates to keep him enthusiastic is the fact that he is working for himself. Whatever successes he achieves are credited to him direct. It makes a big difference.

THE MECHANO-THERAPIST.

The expert practitioner of this art and science occupies a position in the social and medical world similar to that enjoyed by any reputable specialist.

His medicines, if we may be permitted to so term his means, for want of a better word, are not drugs, but scientific combinations of food, circumstance, idea, water, and motion. His instruments are not knives and saws, but his own deft hands and the vital processes of the body itself, the circulation, respiration, secretion, etc., which he manipulates as he sees fit and his judgment dictates.

Strictly speaking, Mechano-Therapy is the true healing art, for it produces its effects by purely natural methods. It heals as the body heals—in accordance with natural law.

The Mechano-Therapist is skilled in compelling the body to do its own healing with its own forces, rather than with the foreign means of the old school practitioner.

Consequently his work results in permanent betterment of the patient and is free from danger, for it avoids that violence to the domestic calm of the system which accompanies surgical operations and the administration of powerful drugs.



JOHN EDWARD LYDON, M.-T. D.

"YOUR COURSE IN MECHANO-THERAPY WORTH \$500.00."

Spokane, Wash., Oct. 11th, '09.

American College of Mechano-Therapy, Chicago, Ill.

Gentlemen:

I promised some time ago to give results in Mechano-Therapy. After graduating, I opened an office, sixth of May, 1909, and up to the present time, I have done better financially than the profession I formerly followed, Electrical Engineering. As an Electrical Engineer, I have installed Municipal Lighting Systems for a number of years in this Western country and had good success; but becoming interested in Mechano-Therapy, I believed I could be of more benefit to humanity but was in doubt for a while as to what the results would be, but I am more than satisfied with my new profession.

I have made a success of every case I have taken. Of course, I consider well every case, after which I can guarantee results. It seems to me a crime the way the Medical men are butchering the people up for trifling ailments, as every case I have taken the M. D.'s have advised for operation.

I don't consider Mechano-Therapy

secondary to any system of curing, and I believe **Mechano-Therapy will supersede all systems** in time in the cure of human ailments. Mechano-Therapy is the handwriting on the wall of Progress, that reads the death of drugs. While I took advantage of the special offer, to study Mechano-Therapy, yet I consider **it worth five hundred dollars** of any man's or woman's money.

As to being successful with Mechano-Therapy there is absolutely no doubt, if one follows the instructions as taught by the American College of Mechano-Therapy. Of course, one must infuse his own personality in his business in order to give it life, without which the best instructions would fail. In short, a college is responsible for proper training, but the student must work out his own success when he meets the public.

Wishing the College and Faculty a World of Success, I remain,

Fraternally,

JOHN E. LYDON, M.-T.

"I MAKE \$10.00 TO \$15.00 PER DAY AND WORK 7 DAYS A WEEK."

May 19, 1909.

American College of Mechano-Therapy, Chicago, Ill.

Dear Dr. Schulze:

I received your Journal, and want you to send me said Journal every month, and I will pay you by the year for it.

Please send me one of your college buttons. I enclose money order for same, and also wish to become a member of the State and National Associations.

I am glad to see our school doing so well, and will do all I can for the school.

I am making from **\$10 to \$15 a day and work seven days a week**. I am busy **all** the time, and am sending patients to Dr. W. R. Skellenger, M.-T., and the sanitarium, so you can see what a lot I have to do.

May God bless our work in healing the sick, is my prayer.

Yours in the Master's work,

DR. W. F. LESLIE, M.-T.

NATURAL METHODS PREFERRED.

This tendency toward natural methods has been very marked in medical circles for the last ten years and it is gaining in strength through the sheer force of events. The old ways of combating disease gave so little satisfaction, especially in chronic cases, that the profession has been obliged to seek more effective measures. They were found in Mechano-Therapy.

As a result, this change in policy has become, in some instances, palpable to the unsophisticated eye. Nowadays, in cases of consumption, more is expected of fresh air and hygiene than of cod liver oil, as every one knows; and in Rheumatism, Mechano-Therapy has usurped the place in the affections of the profession formerly held by the salicylate preparations, and so on.

So successful have these natural methods proved, where medicines were of no avail and surgery was out of the question, that greater and greater reliance is being reposed in them. The most eminent physicians have given them the unqualified endorsement of adoption. Under their observing eye they have been systematized, ordered, classified and reduced to a science—the science of drugless healing—Mechano-Therapy.

MECHANO-THERAPY'S PROVINCE.

Strictly speaking, the Mechano-Therapist begins where the general physician leaves off. His methods are in advance of ordinary medical practice. When the doctor has used all his drugs and failed, then one, or more than one, of the operations of the Mechano-Therapist—Manipulation, Hydrotherapy, Vibration, Suggestion, etc., are called upon to save the day.

The patient is ordered to the baths, for the hydrotherapeutic, or water treatment; counselled to take to horseback riding to give him oscillatory motion; sent to a foreign spa where skilled Mechano-Therapists await him; or put on a physiological diet.

In other words, the allopath or homeopath has turned himself into a Mechano-Therapist, for the time being, with this difference that he does not do the work himself. Instead his advice entails upon his patient a heavy expense in time and money.

Tens of thousands of such patients are moving daily toward these places in no very amiable frame of mind. They estimate the cost in cash and hours with an inward groan at the sacrifice. Willingly would



**"LEAVE FOR AN EXTENDED
EUROPEAN TOUR."**

**RECEIVED \$10.00 FOR ONE
TREATMENT.**

March 3.

American College of Mechano-Therapy,
Northwestern University Building,
Chicago, Ill.

Gentlemen:

It is now a little over two years since I took up the practice of Mechano-Therapy, and I can scarcely find words to express my satisfaction with this profession.

I am a graduate nurse of one of the foremost American hospitals. For two years I was head nurse of the Soldiers' Military Home of ———, and in all nursed almost constantly for ten years.

Was very successful as a nurse—in fact, had so many calls for my services that I almost broke down from overwork and loss of sleep, for if a nurse is conscientious in her duties it is indeed hard work.

As I was in a greatly run-down condition, I found I would have to give up nursing. After much deliberation decided to take up Mechano-Therapy as a profession.

It was indeed a most fortunate change for me in more than one way. In the first place, I only have to put in about one-third of the hours in Mechano-Therapy that I did in nursing, and I receive about three times as much pay, my lowest fee is \$2.00, and ranges from that to \$5.00, although I have received as much as \$10.00 for one treatment. The work is very interesting and agreeable, and my practice is confined exclusively to women.

The first week in April I leave for an extended European tour with one of my patients. She has engaged my services until November 15. After that time I expect to be at my Chicago address.

I consider Mechano-Therapy greatly superior to Osteopathy, and as it is a profession so very interesting and one so easily learned (it only took me a few months), I am surprised that more nurses do not take it up. Especially as the course in your college is so inexpensive.

It would to a great extent make them masters of their own time; do away with night work, loss of sleep, irregular hours, change of diet, etc., and give them more afternoons, evenings and Sundays to themselves, and at the same time bring them in much more money than they could possibly earn by nursing.

Expect to be in England until May. Spend June in Paris; then to Switzerland during the extremely warm weather, and from there to Spain and Italy during the fall months.

Wishing your college a most prosperous year, I am

Yours truly,

—————

Note.—On the page following will be found another letter from the same lady, written from Paris, France, in which she states that there is a great demand for competent Mechano-Therapists.

This lady has met with such marked success in her practice, and her time is so valuable that she has requested us not to publish her name, as she has no longer time to answer letters of inquiry.

they forego this trip if they could find its duplicate at home. They depart to be miserable with anxiety over their neglected affairs until their return.

There are hundreds of thousands of other miserables who cannot go at all. Means or circumstances fetter them at home. There is small comfort for them in the advice of their physician. He tells them quite decidedly that nothing will do them any good but a course of this, that, or the other. But it is beyond them and so, perforce, they stay at home and pester their bodies with remedies (?) that have failed so often and, although they have no confidence in them, they continue to take them because they "must take something." Afar off they see health made possible for others by Mechano-Therapeutic methods, but denied them through lack of means or opportunity.

THE MECHANO-THERAPIST'S OPPORTUNITY.

Into this gap steps the Mechano-Therapist. He is skilled in all the physiological operations of the body. To him come the rheumatic, the dyspeptic, the obese person, the neurasthenic, etc., etc., etc. By his methods he duplicates the BENEFITS of mountain climbing without the defects of heart taxation imposed by that exercise; with his water applications he produces the good EFFECTS received at the spa; his knowledge of suggestion enables him to duplicate the physiological stimulation that accompanies the excitement of traveling in strange places; and his mastery of Dietetics and Hygiene make it possible for him to surround his client with an environment at home that far surpasses in its curative efficiency the somewhat indefinite value of a "change of air."

All this he does for the busy man or woman or the person of limited means without undue loss of time or burdensome expense.

This is the field of the Mechano-Therapist—the whole great army of chronic sufferers whom he alone can benefit, and of whom there are not less than fifteen million in the United States alone.

There are other avenues of usefulness open to him in the preservation of health and the scientific development of infants and children.

PREVENTS SICKNESS.

The intelligent ordering of one's physical existence such as the skilled Mechano-Therapist is competent to superintend, the careful, but not arduous, control of one's bodily functions, such as he is able to direct—is sufficient to prevent nine-tenths of the sickness of the



G. ENSWORTH ALLEN.

**"RECOMMEND YOUR COURSE
TO BE ALL YOU CLAIM."**

Springfield, Mass., Sept. 11, 1907.
American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

It gives me great pleasure in recommending your course to be all you claim, and the students that master it will be proficient in the art of healing.

Yours very truly,

G. ENSWORTH ALLEN.

No. 14 Girard Avenue.

A LETTER FROM PARIS.

Continental Hotel,
Paris, France, July 10.
American College of Mechano-Therapy,
Chicago, Ill., U. S. A.

Gentlemen:

I am having a most enjoyable trip. Expect shortly to leave for Switzerland and will probably return to Chicago the first part of November.

There is a great demand for competent mechano-therapists. Many opportunities to travel abroad if they care to leave home.

I cannot begin to tell you how glad I am that I took up Mechano-Therapy, and I do not know of any other

occupation so well adapted for women.

It is one profession that is not overcrowded.

With best wishes for the continued success of your college and graduates,
I am Yours truly,

**"YOU UNDER-RATE YOUR COLLEGE—BEST INVESTMENT I
EVER MADE."**

Jan. 24, 1908.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

Yours of recent date, also my Diploma, has been received. I thank you. I am very much pleased with your Diploma, and, if nothing happens, not seen now, I shall make very good use of my knowledge obtained at your college. I consider the money paid for my course the best investment that I have ever made. I am sure that you have under-rated rather than over-rated the good that you give your students. I consider myself in possession of knowledge that can be obtained at no place but from you. I am really sorry that I have completed the study and I will certainly miss the lessons.

I am always ready to do what I can for you and your college. Call on me at any time I can be of any help to you.

Thanking you again for your kind treatment to me as a student, and also for the information asked for, I am

Yours sincerely,

DR. W. S. WHITMAN.

John J. King, of an Eastern State, writes us as follows:

I have given up my position with the Sanitarium here and accepted a position with a millionaire of Boston, Mass., who was at the Sanitarium here for treatment. I expect to start for Boston next week.

John Louis Shaffer, of Springfield, O., writes: "Find enclosed my lesson, in which I have taken great interest and found much pleasure, for it is indeed instructive without being dry to me."

world. Most of it is the product of ignorance. This the Mechano-Therapist overcomes with his knowledge and in his own person supplies the motive that keeps his client to his hygienic practices until they become unalterable habits.

COMPETENT OPERATORS WELL PAID.

There are thousands of individuals ready to pay a competent operator handsomely for skilled, efficient, health preserving service. At the present time, however, the richer families alone monopolize the services of the members of the profession. Consequently, the majority of chronic patients, willing and anxious though they be to place themselves under the care of a Mechano-Therapist, are unable to secure treatment at all, for the highly efficient Mechano-Therapist is very scarce. Ask the average business man what it would be worth to him in money alone to be kept in perfect health to a ripe old age and tell him that Mechano-Therapy can accomplish that feat if he will make a contract with you for two treatments a week, month in and month out, and see if he will not be glad to be kept from sickness, instead of suffering the pangs of disease from time to time. In addition, he will gladly pay you for your services. And how many cases would you need to make a handsome income a certainty at \$2.00 per treatment?

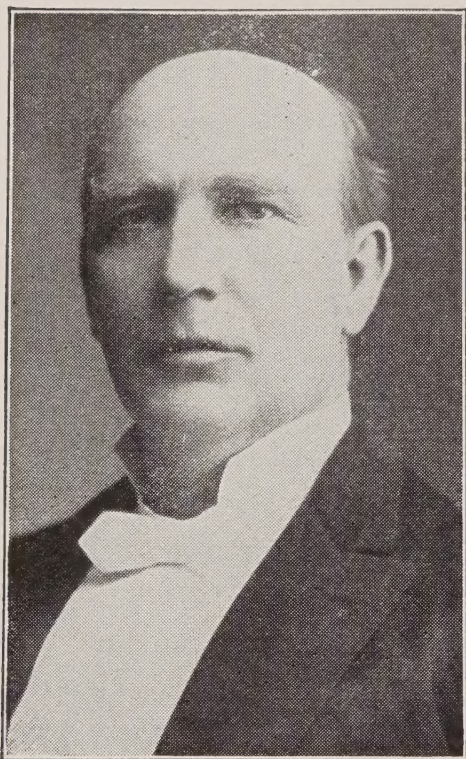
The physical development of children from infancy upwards is a very pleasant and lucrative practice for the Mechano-Therapist and one which belongs to him exclusively.

It is possible in a majority of instances to take a healthy infant and develop him, Mechano-Therapeutically, into such a lusty child that he will come through the dangers of childhood without giving his parents cause for a moment's anxiety. If you know anything of the fears of parents you will appreciate how alluring such a prospect of freedom from fear on behalf of their offspring appears to them, and how willing they are to pay any reasonable fee to so safeguard their babies.

The response of children to these natural methods is marvelous to see. Their muscles grow fast and hard, their bones knit firmly, they escape the evils of constipation, their circulation is perfect, their hearts are quiet, digestion normal and sleep profound.

The result is a grown man or woman perfect in physique and superior in intellect. In short, a finer race and one very economical with drugs.

Opinion of the President of the Bethesda Society, Builders of Church Hospitals, Schools, and Orphan Homes.—Notable Endorsement of Mechano-Therapy by Prominent Churchman and Promotor of Hospitals.



J. A. NYVALL

Moorhead, Minn., May 16, 1908.

DR. W. C. SCHULZE,
Chicago, Illinois.

DEAR DOCTOR:—

Your favor of April 28 has been duly received and I regret that my hard labors in the interest of the new hospital I am now building here in Moorhead have prevented me from giving you a prompt answer. It is with much pleasure I now reply to same and beg to state this:

Through general observation and studies, both in Sweden and this country, I have for more than twenty years been a strong believer in the physical and mechanical methods of treatment, in short, the natural method of healing, especially in all chronic diseases.

It is in this class of diseases that medicines have failed utterly to bring permanent relief. We are convinced that thousands of lives are annually being sacrificed upon the altar of ineffective at-

tempts to cure by drugs only, cases where a new lease of life could have been promised and given by Mechano and Physio-Therapy or modern methods of treatment. Now the chronic sufferer goes from one doctor to another and gets a little temporary relief, at best. After he has run the gauntlet of drug medication at the hands of doctors of various schools, the next step is to invest in the innumerable patent medicines and advertised preparations, and finally he lands in the clutches of the charlatan and the fakir, who kindles hope anew, until the lamb has been shorn, and the poor victim finds himself deceived and disappointed once more. It is no question but that the treatment of chronic diseases has received a new impetus through the introduction and general adoption of the Physio-Therapy method of healing. It is our firm conviction that the practice of medicine of the future will be along the line of Physio-Therapy, to-wit: **Mechano-Therapy**, Hydro-Therapy, X-Ray-Therapy, Thermo-Therapy, Photo-Therapy (light cure), Medical Electricity, Pneumo-Therapy, and so on.

When I, therefore, got the prospectus from the American College of Mechano-Therapy I promptly decided to take up studies in this institution and in that way procure for my own satisfaction and benefit a thorough-going knowledge of this modern method of healing.

In closing this letter, I can truthfully state that through yours and your professor's popular, helpful, and very interesting way of teaching I get along nicely and enjoy my studies immensely.

Yours very thankfully,

J. A. NYVALL.

GREAT DEMAND FOR MECHANO-THERAPISTS.

Owing to the scarcity of competent Mechano-Therapists, and the demand made upon their time by adult chronic sufferers, however, this branch of the science is very much neglected, notwithstanding it affords a non-exacting, lucrative and delightful field of labor. What could possibly be more gratifying to the earnest practitioner of this true "art preservative" than to be instrumental in securing to the child his full birthright of strength and physical opportunity?

Prevention is not only better, but more noble, than cure.

It is a branch of the art which should appeal to women especially and we take this opportunity to call their attention to it.

SANITARIUM WORK.

The results obtained by Mechano-Therapy and Physiological Methods in general has opened thousands of opportunities for Mechano-Therapists to start in Sanitarium work. Every small or medium-sized town presents an opening. A small building can be rented for such a purpose, to begin with. A few simple appliances can be installed, and work begun. Physicians gladly connect themselves with these institutions because they realize their necessity. Very often local capital can be interested very easily and thus an institution built up which means money and fame to the Mechano-Therapist starting it.

WHO CAN QUALIFY.

The hopelessly dull, or the incorrigibly lazy man or woman cannot be a Mechano-Therapist—all others, who have a common school foundation, can study the course with ease.

Furthermore, all who will apply themselves with ordinary diligence to building up their practice, according to the efficient plans outlined in the course, should succeed in doing so.

This calling, most emphatically, does not require any special knack or facility or peculiar ability. We teach all that a student is required to know to enter the profession, and nothing more is necessary than that he shall apply this knowledge faithfully.

SKILL, NOT STRENGTH REQUIRED.

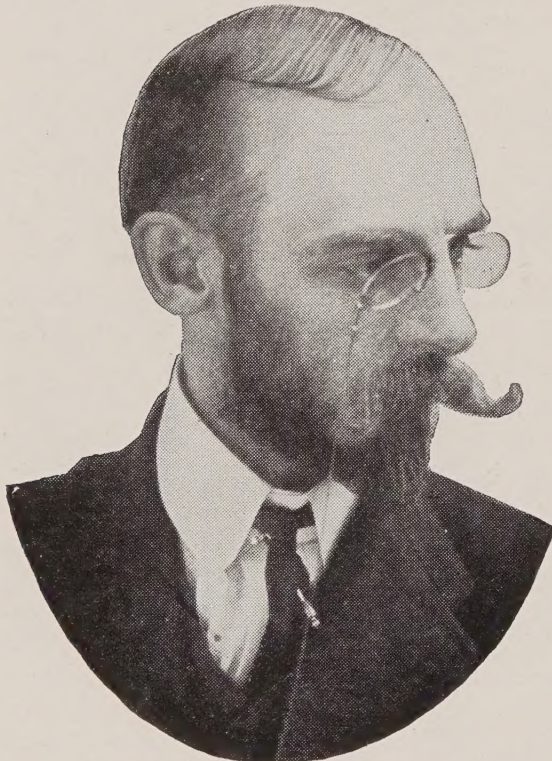
Neither do the manual operations require any particular strength of arm or robustness of body. As you will learn when you come to the lessons on that subject, the manual manipulations used by the Mechano-Therapist is adept, exact, scientific movement, not weight of fist. Of course, this educated skill must be acquired, but it is no more

"Mechano-Therapy Accomplishes What Medicine Cannot Do"

Hector, Minn., March 3, 1908.

AMERICAN COLLEGE OF MECHANO-THERAPY,
Chicago, Illinois.

DEAR SIR:—Some time ago I answered an inquiry in regard to your College. Following is a copy of my answer. If you can make use of it in any way you are welcome to do so I wrote as follows:



P. H. TALLMAN

"DEAR SIR:—In reply to your inquiry of February 29th, 1908, will say that it is with great pleasure that I recommend to you the American College of Mechano-Therapy.

"First, they are *absolutely honest in fulfilling their promises* and contract.

"Second, as to the course, it is *comprehensive, concise and scientific*.

"I believe it is going to be one of the *most potent factors* against the practice of medicine and surgery, for the simple reason *it accomplishes what medicine cannot do*.

"Several years ago I took up the study of psychology and mental therapeutics. and while I found this a great power, I felt that its power could be greatly enhanced by physical means.

"I found in Mechano-Therapy *just what I was looking for, a combination of both*.

"I feel that you will make no mistake, providing you like this line of work.

"Awaiting your further services, I am, Yours truly,
P. H. TALLMAN."

A Prominent Physician Says

"MECHANO-THERAPY CURES WHEN DRUGS FAIL"

DR. W. C. SCHULZE,

Greensburg, Pa., April 13th, 1908.

Dean of the American College of Mechano-Therapy, Chicago Ill.

After having taken your corresponding course in Mechano-Therapy, want to say that *I am well pleased* and can say that the course is *very complete* and anyone who will take the course *whether physician or not* will be well paid for their trouble. And to any who want to learn a profession that will be of great benefit in the way of knowledge in a personal way as well as in relieving the weak and afflicted humanity "if practiced as directed by the Mechano-Therapy school." It is *one of the branches of treatment* for the benefit of the sick that has been neglected or overlooked—feel sure that in many chronic cases cures can be made by Mechano-Therapy when drugs would fail to cure. Would advise anyone who would like to work for the good of humanity as well as earn a good livelihood to take up the study of Mechano-Therapy under Dr. Schulze, Dean of the American College of Mechano-Therapy.

Yours truly, E. M. CLIFFORD, M. D.

difficult than learning to ride the bicycle. With our instructions before him any student of average intelligence can make himself perfect by means of a little practice.

The other subjects may appear learned at first glance, but they are made simple by the clearness with which they are described. They offer no special difficulties.

We must warn prospective students not to be deceived by the foolish claims of some small schools according to which a simple rapid thrust on the back of the patient is supposed to cure every disease. Great harm can undoubtedly be done in that manner, and, as a profession, such a system is so one-sided and narrow that it should never be considered.

OUR INSTRUCTION THOROUGH.

Our method of instruction is very thorough. We take a student from one subject to another by easy stages. He is never forced. He is given all the time he desires to study a lesson. What we wish him to have is a clear, comprehensive understanding of his entire subject.

What he learns is not merely information but practical working knowledge. We emphasize the fact that this instruction is for use, and, consequently, we carry the student along in such way that when he graduates, what he has learned will be at his finger's ends.

Each student is under the care of an instructor from one end of the course to the other. The instructor tests his pupil's progress by means of questions and special correspondence. Whenever he thinks he needs it he gives the student individual instruction. This close, familiar attitude of teacher and student toward each other gives the former opportunity to cultivate his student's faculties.

AGE AND LOCATION.

One great advantage of this profession is that a person may adopt it at any age. As there is no long waiting to build up a practice, even the oldish graduate may take it up and make a success.

It may be laid down as a fact that any location is as good as another for the young Mechano-Therapist to settle in, provided there is a good sized population around him. Whether it be poor or wealthy, so long as it is not extreme either way, seems to be equally non-essential. One young man established himself at a cross roads in Dakota, miles from a house, and worked up a patronage within a short time of over fifteen dollars a day. His success simply serves to prove once more the fact that the man who can do things better will soon have

the world knocking at his gate, even though he build his house in the wilderness. And the Mechano-Therapist is essentially a man who does things better. He practices an exact science no less fundamental than natural law itself. If he follows the instructions laid down in our course faithfully, he will be applying these principles and cannot help securing results which will bring him reputation and financial reward.

MECHANO-THERAPY—What It Is.

Definition—Mechano-Therapy is a physiological, scientific system of manual manipulation of the body structure, which by accelerating the circulation, increases combustion and so facilitates the natural elimination of diseased conditions. Under Mechano-Therapy are properly included: A scientific combination of food; the remedial application of water; and the use of suggestion.

The slogan of Mechano-Therapy is: “Permanent Health Through Perfect Circulation.” Perfect circulation means complete combustion and complete combustion or oxidation of the effete or waste matter of the body means perfect health and, what is still more significant, immunity from disease. The foregoing description illustrates the chief of all physiological facts. It is the supreme law of bodily existence. Every fraction of a second, at innumerable points, the body is dying, while simultaneously, or practically so, it is being reborn, remade. The agent is the blood. One-half of the time it is loaded with this effete matter, of which it is promptly relieved by the lungs, liver, kidneys and sweat glands, and the other half it is charged with the life-sustaining, cell-building constituents extracted from the food by the organs of digestion.

Mechano-Therapy will keep the circulation perfect; it will prevent the hardening process of the arteries; it will ward off serious infections; it will improve the tone of the system, and it will relieve and cure a large percentage of diseases.

Its Field—Mechano-Therapy is indicated, or, is proper and desirable to be employed, in nearly all cases of chronic disease, contusions, adhesions, exhaustion, fractures (after knitting), for the preservation of health, for the development of the physique, for increasing stamina and endurance and giving immunity to pain, and for the postponement of old age, and for all nervous diseases. A prominent Doctor, one of the greatest living authorities on Nervous Diseases in the world, and Professor in one of the leading American Medical Schools, wrote to the



DR. A. C. ROBERTS.

**"FAR AHEAD OF ANYTHING AS
A NATURE CURE."**

Red Wing, Minn., Sept. 17, 1907.
American College of Mechano-Therapy,
Dr. W. C. Schulze, President,
Chicago.

Dear Sir:

I have been practicing a system of drugless healing for several years in connection with my profession of Optometry. I am now taking a course in the college you are president of, and I find it far ahead of anything I ever saw in the line of "nature cure."

Wishing your college and the profession of Mechano-Therapy the success it deserves, I remain

Yours very truly,
DR. A. C. ROBERTS.

**"BEST INSTITUTION FOR
THOSE SEEKING AN
ELEVATED POSI-
TION."**

Memphis, Tenn., June 25, 1908.
American College of Mechano-Therapy,
Chicago, Ill.

Dr. W. C. Schulze—Dear Dean:

It is my duty, and with my greatest pleasure, I testify my heartiest satis-

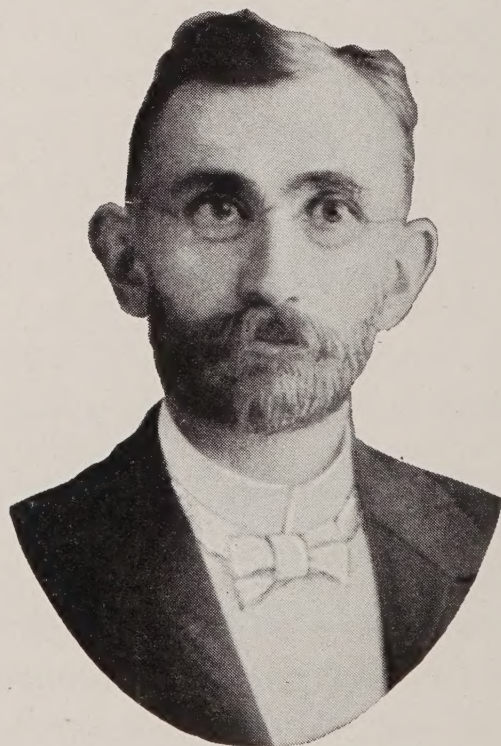
faction with the course I have completed with the American College of Mechano-Therapy.

When I began the course, I may say, it was with some hesitation about its own value as a healing art—and also my own ability to satisfactorily understand the lessons. All of those hesitations are gone because the way the college give their lessons to the student, is so plain, that I think it is an impossibility for any student to not fully understand every point of the instructions given by the professors.

And now, when I have graduated from the college, and have received my diploma, as a Doctor of Mechano-Therapy, allow me to express to the excellent faculty of the American College of Mechano-Therapy my heartiest thanks for their courtesy and helpfulness to me, during my study of the course.

Now, allow me also to assure you, that I will at all times remember this my "Alma Mater" of M. T. and will always recommend this institution as one of the very best, for people (young and middle aged) who want to put themselves in an elevated profession.

Cordially yours,
(Rev.) KARL ARRY.



REV. KARL ARRY.

President of this college, "Courses of the sort outlined (referring to our course in Mechano-Therapy) are of very greatest practical value to all concerned.

The Science—Mechano-Therapy requires a knowledge of superficial anatomy, an understanding of the vital functions of the body, a knowledge of the effect of the various means employed in the art, and ability to distinguish the symptoms of disease, and classify them.

The Art—The Mechano-Therapist must know how to apply manual and mechanical physiological motion, how to employ water in various remedial forms, how to therapeutically influence the mind of his patient, and how to dictate the course of diet and hygiene which will co-operate favorably with the other measures employed in any given case.

Divisions—The subjects embraced under the caption of Mechano-Therapy are:—ANATOMY, PHYSIOLOGY, DIAGNOSIS, HYGIENE, DIETETICS, HYDROTHERAPY, MANUAL MANIPULATION, SWEDISH MOVEMENTS, VIBRATION, OSCILLATION, MECHANICS (curative), SUGGESTIVE THERAPEUTICS, and the complementary subjects for the guidance of the young practitioner, ETHICS, ESTABLISHMENT, PROMOTION and BUSINESS METHODS.

Anatomy—The student is given a thorough, but not intricate, knowledge of the structure of the body. This is the object he is to work on and it is necessary he should know how it is made and put together. The purpose and location of the various bones, muscles, nerves, etc., are carefully explained.

Physiology—This is the basis of this system of treatment. Mechano-Therapy may be defined as applied physiology. The operator is, in reality, a plastic artist whose materials are the vital functions of the body. By the means he employs (manipulation, hydrotherapy, auto-suggestion, vibration, etc.), he stimulates, or restrains, these vital functions as his judgment dictates for the benefit of his patient. He is a manipulator of the forces of the human body, of the laws of nature, which he uses against disease.

For example, he is taught how to influence the circulation of the blood to bring about certain definite results. Necessarily he must be informed on the main facts regarding this physiological phenomenon.

Consequently, the division of the course devoted to physiology is



ANETTA BIDDISON.

**"I AM NOW AVERAGING OVER
\$250.00 PER MONTH."**

Chicago, Ill., March 1, 1907.

Dr. W. C. Schulze,
President of the American College of
Mechano-Therapy,
Chicago, Ill.

Dear Doctor:

I feel that I ought to thank you for your course in Mechano-Therapy. I was at first somewhat afraid that it would be too hard for me, but after I studied the first course I found that it was easily comprehended. I took courage and applied myself, and thanks to your kindly help and encouragement, I have made fine progress.

I have practiced Mechano-Therapy now for some time with great success. It has also been a wonderful help in the business that I was in previously, and am now practicing, making me more confident and my task easier. Through its help I have been enabled to increase my revenue considerably.

I am now averaging over \$250.00 per month, and my business is increasing. I can still take care of more practice, as I am only spending about three hours per day on this work, which is very pleasant and brings me in contact with a fine class of people.

I tell my friends and would advise others to take up your course, as it is not only interesting, but will prove profitable as well.

Again thanking you for what you have done for me, I remain

Your grateful pupil,

ANETTA BIDDISON.

55 N. Fairfield avenue.

**"SATISFIED IN EVERY RESPECT
—THE COURSE SURPASSES
MY GREATEST EXPECTATIONS."**

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

It is with the greatest pleasure I write you a few lines in regard to the correspondence course I took from your school. I was satisfied in every respect with the course, attention given my studies, and treatment accorded me. Indeed, the course surpassed my greatest expectations.

Wishing your school every success, I remain

Yours sincerely,

W. C. HILTON.

No. 2418 K street, N. W.



W. C. HILTON

made very complete, but it is not at all difficult. It is thorough but, also, plain and clear. Circulation, Secretion, Digestion, Nutrition, Respiration, Animal Heat, Lymph Circulation, the function of the central Nervous System, etc., etc., are fully described and explained so simply and conclusively that the most backward scholar secures a grasp of the meaning of these vital operations.

Diagnosis—The foregoing subjects familiarize the student with the phenomena of the body in a state of health. Whenever they deviate from this standard there is present an abnormal, or diseased condition. As it is these abnormal states which he is called upon to correct, the student must be prepared to recognize them in order to give intelligent treatment in those conditions amenable to Mechano-Therapy.

To the trained eye the evidences of disease are an open book, but to the uninitiated they give no certain sign. Therefore the Mechano-Therapist must be able to distinguish them. He is taught, also, how to distinguish or differentiate them when similar effects proceed from differing causes.

Hygiene and Dietetics—The means employed by the Mechano-Therapist in combating abnormal conditions are divided, in this course, into eight classes. Hygiene, or scientific living, is employed to ensure that the subject under treatment is surrounded with proper precautions and provided with an environment favorable to recovery. This important and fascinating subject is covered thoroughly in our course.

Dietetics, or scientific feeding, is fully explained. The student must know how to contribute to the success of the treatment by proper food. Certain foods are more effective than others in bringing about certain physiological effects. Again, those that are beneficial under one set of circumstances may be harmful in another. An unregulated diet might easily defeat the operator's efforts. We explain when and why, and the principles underlying these facts. Food, of course, is the basis of all the phenomena of nutrition and it is very essential that the student understand its exact value, for nutrition is one of the vitally important physiological functions which he must know how to regulate and control for the benefit of his patients.

Hydrotherapy—This is the science of water applied therapeutically. The course describes all the important and valuable methods of treatment by means of water. The various forms in which it is applied, hot, cold, tepid, alternated, pack, compress, Kneipp method, spray, douche, Kuehne system, etc., are fully described. The student is in-



DR. OTHO V. TRUE, M. T.

Kansas City, Mo. July 20, 1908.
American College of Mechano-Ther-
apy, Chicago, Illinois.
Gentlemen:

I have just returned to the city and now wish to express my entire satisfaction with your course in Mechano-Therapy and the promptness with which you fulfilled all your promises.

Mechano-Therapy is destined to become one of the greatest professions and anyone inclined to this kind of work and for a nice, clean, profitable profession can make no mistake in taking up the correspondence course with your college.

I sincerely hope your college will meet with the justly deserved prosperity to which it is entitled.

Yours respectfully,
Dr. OTHO V. TRUE, M. T.

LESSONS VERY THOROUGH.

To Whom It May Concern:

As a student of the American College of Mechano-Therapy I find the lessons very thorough, interesting and instructive, and expect to become a successful practitioner.

Yours very respectfully,
FLORENCE E. ASPER.

No. 306 S. Locust street, Chillicothe,
Ohio, Sept. 9, 1907.

**"INCOME \$15.00 PER DAY, FOR-
MERLY A BLACKSMITH."
A PLEASURE TO ENDORSE
YOUR COLLEGE.**

Hiramburg, Ohio, Sept. 12, 1907.

Dr. W. C. Schulze, President

American College of Mechano-
Therapy, Chicago.

Dear Doctor:

It is a pleasure to me to heartily endorse your college, and especially to those who contemplate a course in drugless healing.

The possibilities of the Mechano-Therapists are almost unlimited. The man who induced me to take a course in Mechano-Therapy was formerly a blacksmith with only an ordinary education. Today he is practicing drugless healing with an average income of \$15.00 per day.

With my best wishes to the American College of Mechano-Therapy, I am

Sincerely yours,

W. S. McCLURE.



W. S. McCLURE.

formed when and why any one, or a combination of these methods, should be used, and how to incorporate them in a comprehensive scheme of treatment. He is shown how these procedures influence the circulation of fluids in the body, what effect they have on the heart and other organs, and thoroughly posted on the principles governing their employment.

Manual Manipulation and Swedish Movements—Just as physiology is the basis of the theory of Mechano-Therapy, so is Manual Manipulation the basis of its practice.

Manual Manipulation is one of the oldest remedial measures known to man and one of the most important. It was practiced with notable results by the priests of the temple of Isis before the invention of the alphabet or the building of the pyramids. It was advocated in glowing terms by the father of medicine, Aesculapius, two thousand years before the Christian era. It was practically the only therapeutical measure employed by the ancient Spartans—the hardiest nation that ever existed. It was extensively employed by the Hebrews in Bible times. The Roman operators brought it to a fine state of perfection under the munificent patronage of the grandees of Rome and that city's generals and athletes never ventured on any undertaking of importance without their operator. On him devolved the duty of keeping his master in first-class condition.

The necessity is the same today as it was then. Pugilists, baseball teams, football players, all men who must be maintained in the very pink of physical health, have their trainers, who are, as it were, Manual Operators in the rough; experienced, but not scientifically trained men.

In fact, every human being is a devotee of this art unconsciously. When one bumps his knee he rubs it instinctively. Unquestionably this is a practice handed down from his prehistoric ancestors who were bumped frequently and rubbed themselves as often.

During the dark ages, Manual Manipulation, in common with most everything else of value to the race, was lost in the night of superstition, except as it was preserved by the common people who had nothing else with which to heal their hurts. Gradually, however, as the world became more civilized, it began to regain more and more of its former importance until, at the present time, it has become a systematized, scientific procedure, advocated, studied and employed by such great men as Mitchell, Taylor, Virchow, Zablubdowski, and many others of equal prominence.

In certain diseases, fully described in our course, it is the only

First Letter After Graduating

AMERICAN COLLEGE OF MECHANO-THERAPY,
Chicago, Illinois.

May 2, 1908.



M. F. JARDEN

GENTLEMEN: It affords me the greatest pleasure to thank you for the able way in which your college has taught me to be a mountain of good to my fellow man. I also thank you for the masterly and business-like way that you give the knowledge to your students.

Your courses are so simple and the knowledge so great that "a wayfaring man though a fool could not err therein."

Mechano-Therapy is a sacred art, and should be practiced by every preacher of the gospel, for it was Christ's command to "Go out into the world, teach, preach and heal the sick."

Through Mechano-Therapy we make the mind strong and the muscles vigorous; by so doing we make the people of the world better able to perform their different callings, they become better thinkers and better workmen, therefore better citizens.

In New York state there is a great field for Mechano-Therapists.

Now again thanking your college for the kindness and the never-ceasing painstaking care of watching over me to the very end of my courses, and the granting of a diploma to me. I shall always remain,

Kindly yours,
M. F. JARDEN.

Letter After Practicing One Month

"I AM DOING WELL; MANY THANKS TO COLLEGE"

June 1st, 1908.

AMERICAN COLLEGE OF MECHANO-THERAPY,
GENTLEMEN:

It is said that the faithful servant should bring forth meat IN DUE SEASON for the household of faith. I am striving to be unto Mechano-Therapy in this state as "A light that shineth in a dark place until the day dawn." The evidence of which you will find in the cases which I cite you are as follows: It affords much pleasure to tell you the glad news that a life has been saved through Mechano-Therapy. It was the life of little baby Walthers at 495 Ellicott St., Buffalo, N. Y. The college may write the parents and hear the rest. The child is getting as bright as a dollar and they are proud of it.

Now another case that the college should know about is little baby Bush, a daughter of Mr. John Bush of 97 Stillson Street, Rochester, N. Y. This child had lost the use of its limbs and could not walk; now, through the treatment, she is running all over.

Another case is baby Deline, a daughter of Mr. Deline, of 199 East North Street, Buffalo, N. Y. Had lost the use of her limbs and could not walk until after treatment; now runs all over.

I can say I am doing well and many thanks to the college. You will hear from me often, and I hope to give you just such encouragement every time as above.

Kindly yours,

PROF. JARDEN,

Doctor of Mechano-Therapy.

measure of any value known to medical science. In most chronic ailments its efficiency has been established beyond question.

Combined with Swedish Movements it constitutes the most valuable procedure in the repertoire of the Mechano-Therapist. By its means the skillful operator can secure most astonishing results, not, as might be supposed in simple ailments only, such as rheumatism, headache, lumbago, etc., but in disorders recognized as most profound. There are well authenticated instances in which it cured Reynaud's Disease, a form of gangrene, in the presence of which all other medical means were absolutely helpless. All nervous diseases, including Paralysis and Locomotor Ataxia, are, also, invariably benefited by means of scientific manipulation. In fact, this operative method shows to best effect in the so-called incurable cases, in which it is employed as a last resort, because every other resource of medicine has failed.

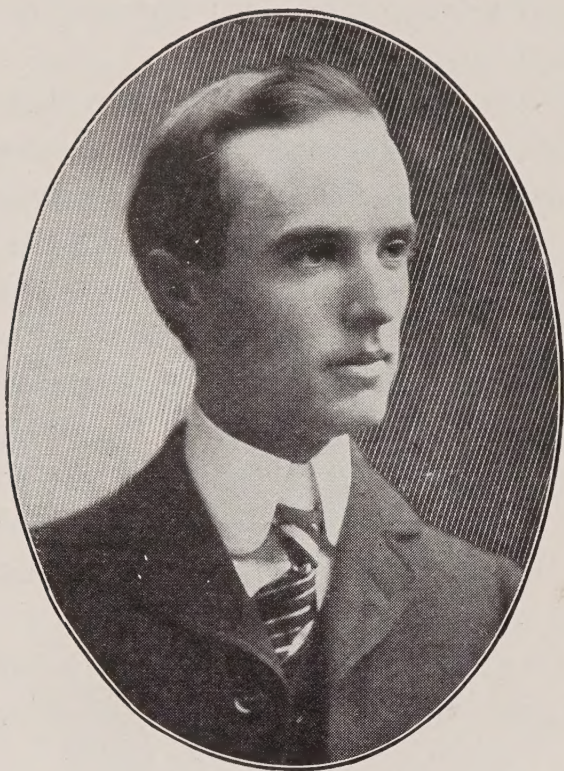
Instead of being last, however, it should be first, and our graduates are prepared to demonstrate this fact, and maintain their position by the unassailable logic of results.

Scientific Manipulation must not be confounded with "rubbing," however. Massage is a scientific procedure based on principles which must be understood and properly applied. "Rubbing" is no more scientific manipulation than daubing is painting. "Rubbing" may easily do harm and is always useless, whereas this operative method is always beneficial if correctly done at the proper time.

There are various procedures embraced under the heading of manipulation. All the different movements have their special value. We teach how, when and why they must be employed.

The sister art of Swedish Movements is likewise fully explained and the interrelation of the two made clear. The most wonderful results follow the application of these Movements in most forms of chronic disease.

Osteopathy—In consciousness of its originality, Osteopathy has succeeded in constituting itself a conspicuous factor in the field of remedial science by its antagonism toward the medical profession. This antagonism involves an innovation (revolutionary in character) in the field of remedial therapeutics—viz: the advance of the theory that all diseases are due to pressure upon some part of the nervous system resulting from the dislocation of some osseous structure. This, but nothing more, Osteopathy is justified in claiming its own. The method of using the bones as a lever in removing obstructions to nerve function is new in neither theory nor practice. The measures employed



TENNIS R. THURSTON.

**"YOU OUGHT TO MAKE TUI-
TION \$100 FOR COURSE, AS
IT IS CERTAINLY
WORTH IT."**

Sept. 21, 1907.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

Some five or six years ago I took a course in Osteopathy by correspondence, but it was not near as interesting and instructive as I have found your course.

The charts which you furnish with your lessons on anatomy and physiology make your instructions very plain, and your lessons are all written in such an interesting style that it keeps one enthusiastic in his studies.

It seems to me you ought to make the tuition for the course \$100.00, as it is certainly worth it.

I will always be glad to speak a good word for the American College of Mechano-Therapy.

Yours very truly,

TENNIS R. THURSTON.

"MECHANO-THERAPY IS TRUE DRUGLESS HEALING."

York, Pa., Sept. 16, 1907.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

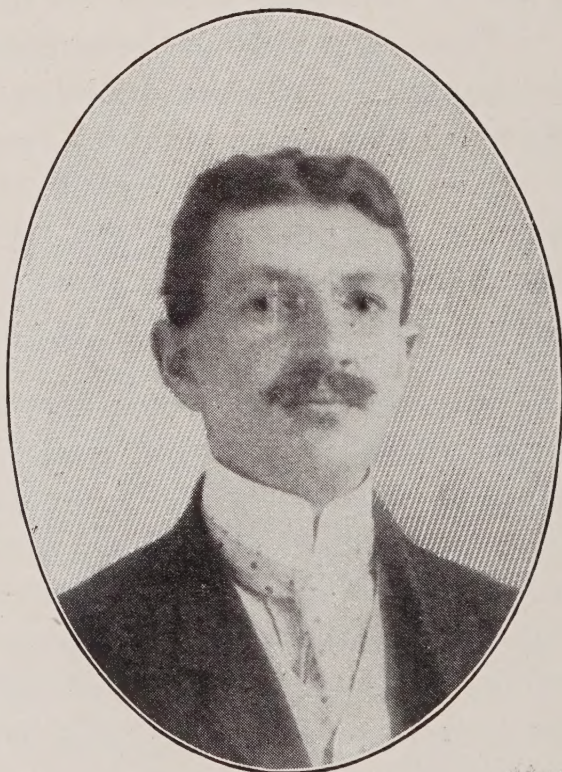
I feel that when people thoroughly realize the value of Mechano-Therapy there will be very little medicine taken, especially for chronic ailments. Mechano-Therapy is true drugless healing, for its curative results seem to be most apparent, as the science is basic in the attack against any form of ailment, and a cure is the result, instead of a temporary relief. It is the natural means for the alleviation of human suffering.

It is also essential in keeping the body in a healthful condition and is a powerful and efficient means of physical development.

Wishing your college a most prosperous year, I am

Yours very truly,

W. EBERT LOUCKS.



W. EBERT LOUCKS.

by the Osteopaths had been known for some time previous to the birth of this profession under the name of Swedish Movements.

There can be no question as to Osteopathy having been a blessing to humanity. The work done according to its methods cannot fail but do good—providing conditions favor the theories underlying the Osteopathic practice. But it necessitates the predominance of enthusiasm over reason to believe that “lesions” or “sub-luxations” are the primary cause of all diseases; and this belief being the basic principle of all of its theories, Osteopathy will never succeed in establishing upon these principles a system of methods that can hope to gain favor in the eyes of science. Fortunately—having reference to the interest of Osteopathy—the tendency of the most enlightened practitioners of this school is to adopt more and more the methods and measures advocated and taught by the school of Mechano-Therapy.

Osteopathic assertions practiced often will not verify, simply because Osteopathy is faulty in theory. Many of its teachings are good; some of them are neither safe nor sane.

To be sane in practice, we must always remain on the side of safe, scientific teaching. And Mechano-Therapy has never yet been found to digress from the path which the most careful survey in the field of physiological research has mapped out and which experience has proven to lead to successful cures.

Mechano-Therapy recognizes the fact that all diseases imply deranged function of the circulatory system, and—the nervous and circulatory systems being so closely correlated that it is impossible to determine as to which of this is the positive and which the negative factor of influence—by necessity, an impaired function of the nervous system; that an impaired circulation establishes a pre-disposition to disease; that all chronic diseases may—under favorable conditions—successfully be cured by scientific manipulation; but to claim that an abnormal circulation of the blood is the existing cause of every disease and that every disease may be cured by simply removing bone-pressure—or through freeing the circulation if impeded by obstructions of some other character—would appear to us as the height of fallacy and for this reason we have no hesitancy in claiming Mechano-Therapy to be superior to Osteopathy, by virtue of being far more comprehensive in measure and, concerning method of application, vastly more scientific.

On one point we all agree—viz: man, being a machine, physical health as well as a balanced mentality, necessitates a harmonious ad-



DR. C. H. PERSON, M. T.

"A GRADUATE MAKES WONDERFUL CURES."

Windber, Pa., Sept. 2, 1907.

American College of Mechano-Therapy,
Chicago, Ill.

Dear Sirs:

After graduating from your college I feel it my duty to write you and thank you for your encouragement and help. Your lessons as I received them were most practical and up to the standard. You have them arranged in such a way as to make the student more and more enthusiastic as he progresses in the line of work. I feel that I am now in possession of knowledge by which I will be of great help to suffering humanity, and I assure you I will do all I can to recommend your college and practical methods of doing business. I thank you from the bottom of my heart for placing me in a position, not alone socially, but where I can look upon suffering mankind and say there is relief and cure, *as I have already made some wonderful cures through your method of Mechano-Therapy.*

Thanking you again, I am

Yours fraternally,

DR. C. H. PERSON, M. T.

Arthur L. Forbes, of Central Point, Ore., writes: "Am delighted with my lessons. They are all that could be desired."

"CORRESPONDENCE COURSE THE BEST."

Akron, Ohio, Oct. 10, 1907.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

I recently received a letter of inquiry from a gentleman regarding Mechano-Therapy, and among the questions he asked was this: "Can a person get a good understanding of the treatments by taking a mail course?" My answer was, "I think it is far better to take a course by mail because you have more time in which to get your lessons and you do not need to hurry from one lesson on to the next, but can take your time and study it thoroughly. Therefore, I think you can get a better understanding of the lessons by taking a mail course." I also told him that "with the aid of the charts the lessons were made very plain so that he could not help but get a thorough understanding of the treatments."

Yours very respectfully,

MRS. J. W. LIMBERT.



MRS. J. W. LIMBERT.

justment of every part of the complex organism constituting man. Aside from this, we vastly differ.

Knowing that a re-adjustment can be attained by physical measures better than by chemical agencies, we embody in our system of therapeutics such measures of Osteopathic practice as will aid in the correction of those conditions the Osteopathic profession designates as the primary cause of all diseases—whenever those conditions are really existing. But we do not confine ourselves to Osteopathic measures.

Suggestive Therapeutics—Many thousands of people, otherwise perfectly sane, are convinced they are desperately sick when, as a matter of fact, there is nothing at all the matter with them. They are perfectly sincere in their belief and actually feel the symptoms they describe, but these symptoms are due to a morbid imagination, not disease. This fact illustrates the power of mind over matter. Christian Science, Dowieism, etc., are national movements founded on this imponderable base. Innumerable cults, fads, and isms of every kind and character have been and will continue to be founded on the same strange influence.

In the hands of a trained man the power of suggestion is a great remedial force. He, however, uses it not to create imaginary disease symptoms but to minimize real ones. All great physicians employ it to produce results in their patients beyond the cunning of drug or knife. They suggest laughter, contentment, hopefulness, etc., as they would prescribe a drug, for specific physical reasons. It is a powerful remedial agent, skillfully handled. Its value is especially notable in nervous diseases of which Mechano-Therapists see no end. Proper mental control on the part of the operator is capable of aiding a recovery that would be impossible without it.

No course in Mechano-Therapy would be complete without mental therapeutics, and so we cover the subject in a complete and interesting manner.

Establishment, Ethics, Etc.—After the student has completed his instruction he is informed how to establish himself in business. Successful methods are carefully described. He is shown how to start with an office or without one. He is posted on how to attract and retain patronage. In short, he is shown how to make practical use of his knowledge.

It must be understood this school does not guarantee its students a position. It teaches them very carefully the methods which should bring success but beyond that it cannot go. We cannot compel a man



H. WHYTE, M.-T. D.

A PROMINENT MECHANO-THERAPIST OF OKLAHOMA.

One of our most successful graduates writes: "I made \$80.00 clear above all expenses in four days."

J. L. Caylor, M.-T., of Bonham, Tex., writes: "After studying many methods of healing I can heartily indorse the superior, easily learned and effective methods of your College in healing power."

"GRADUATE RECOMMENDS HIS FRIENDS."

205 Grand St.,
New York, N. Y., Feb. 11, 1908.
American College of Mechano-Therapy,
Chicago, Ill.
Gentlemen:

I take this opportunity to express my thanks for your good instructions and I will be glad to recommend my friends to your school.

Very truly yours,
EDWARD V. AMATO,

"BEST INVESTMENT I EVER MADE."

Canton, S. D., Feb. 20, 1908.
American College of Mechano-Therapy,
Chicago, Ill.

Dear Sirs:

Mechano-Therapy is a great success, and I heartily recommend the course to any who wish to make a success in life, and I especially recommend your college for fair dealing and prompt attention to all students of the course.

It was the best investment I ever made when I took up your course in Mechano-Therapy.

Yours sincerely,
DR. N. B. BALDWIN, M.T.D.

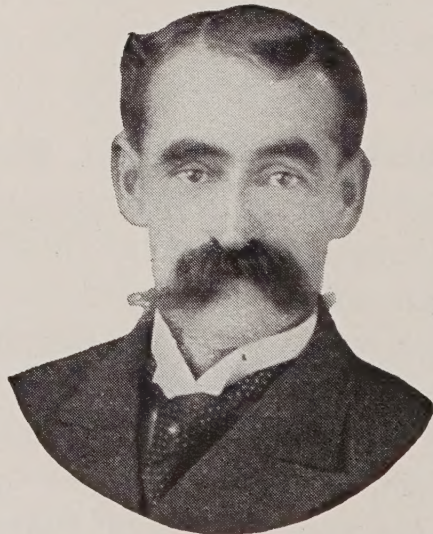
Arthur J. Woodin, of Clifford, Wis., writes: "Refer as many to me as you like. I would not take the price of the whole course for what I have already learned."

"VERY MUCH PLEASED WITH MECHANO-THERAPY."

American College of Mechano-Therapy,
Chicago, Ill.
Gentlemen:

Will say that with present knowledge of your system I am very much pleased with same, and am anxious to complete the lessons at the earliest moment.

Yours very sincerely,
A. NEWTON DUNCAN, D. O.



A. NEWTON DUNCAN, D. O.

to be diligent or devoted to his own interests after he has finished his course.

Moreover, there is no such thing as guaranteeing one a position in this profession. It is not necessary. It would be a disadvantage to our students, in fact. The graduates of this college leave it professional men who apply, or are supposed to apply, their knowledge for their own benefit. It is supposed they will put all its rewards into their own pockets, as the medical graduate, or the young lawyer does. They sell their expert services to the public and the medical profession at a price far in excess of anything they would receive for a like amount of time in any ordinary vocation. All they have to do is to perfect themselves, establish themselves and make this known. They are in business for themselves—free from all but legitimate control, independent of masters. No man in his senses would exchange this state of freedom for a salaried position which would have to be an exceptional one to equal the income of the average Mechano-Therapist.

EMANCIPATION OF SALARIED MAN.

This grand calling is emancipation for the salaried man. It affords him the chance to do well without capital. It gives him social position, a good income and a congenial, pleasant occupation. It requires of him practically nothing in the way of capital. It is a real opportunity for the man of limited means but unlimited ambition.

Time Required—Any person of average intelligence should master this subject with ease in from six months to a year. The student is privileged to go as fast or as slow as he pleases, however.

The instruction is divided into a series of lessons printed in large, legible type, and issued in booklet form. Each lesson is sent out with a comprehensive list of questions on the subject matter. When the student is satisfied he can answer the questions correctly without the help of the text, he fills out the question blanks and returns them to the instructor. The latter goes over them carefully and decides whether or not the student evidences sufficient familiarity with his subject. If not, his deficiencies are pointed out to him and he is requested to review. Any extra help necessary is cheerfully given by personal correspondence.

A Record is kept of each student's progress and on completion of his course, he is awarded a diploma setting forth his qualifications.

Post-Graduate Experience Pointers—After graduation and until the student gets well established and has picked up some experience

"RECEIVED APPROVAL OF BEST PHYSICIANS."

Dr. O. N. Nelson

Mechano-Therapist

Graduate American College Mechano-Therapy

The Experienced Application of Manual
Manipulation to Chronic Diseases a specialty

230 N. Second Avenue
Phone Red 1151

Phoenix, Arizona

February 15, 1908.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen—

I wish to express my thanks to the faculty of the American College of Mechano-Therapy for the prompt and courteous treatment I received throughout the course, and it gives me great pleasure to say that I have found the course throughout, complete and excellent in every detail.

I have been established for some time and giving my attention to the treatment of chronic diseases. I find the work pleasant and agreeable and invariably followed by the most gratifying results.

It has made me quite an enthusiast and I feel that I cannot speak too highly of Mechano-Therapy.

My work is receiving the approval of a number of the best physicians here and I am constantly receiving work from them.

Wishing you every success and assuring you it will always give me the greatest pleasure to praise the good work of Mechano-Therapy, I am,

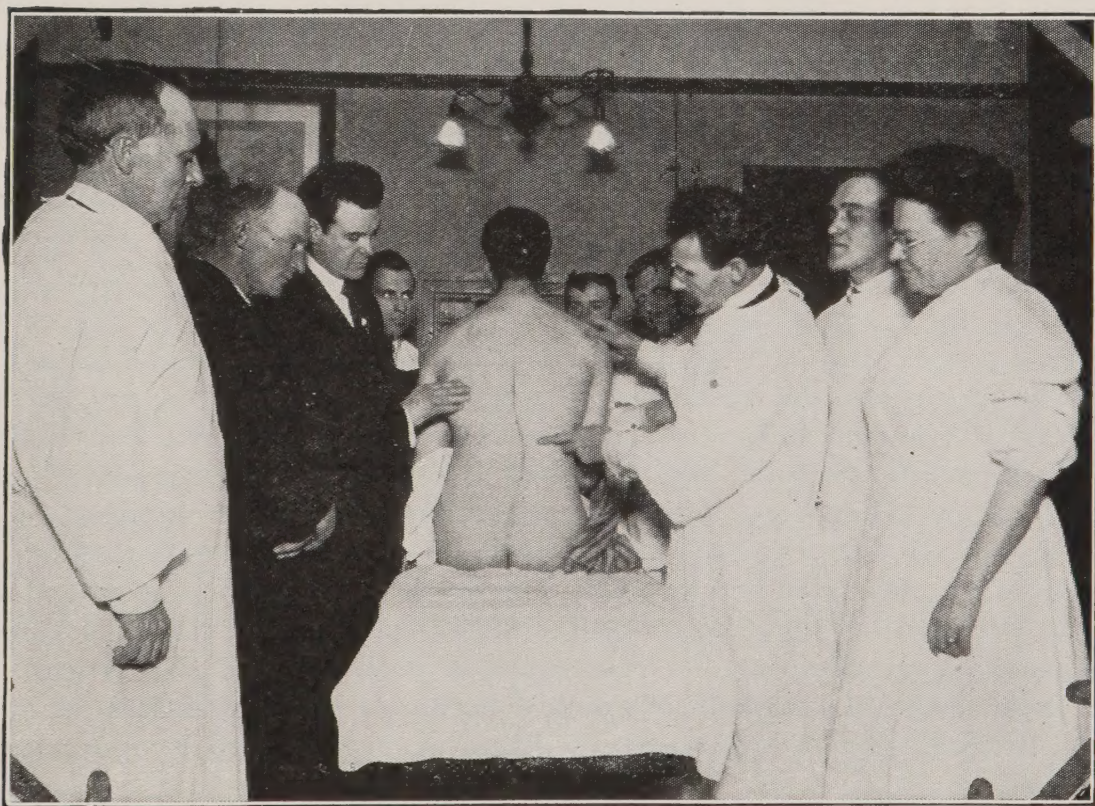
Traternally Yours
Dr. O. N. Nelson

first hand, we are always pleased to help him with our advice whenever he may see fit to ask for it. Little problems of business come up sometimes in actual practice which cannot be foreseen but which, when stated, we are able to solve for the puzzled beginner in half a dozen words. This makes progress easy.

Clinic for Practical Instruction—This college maintains for the benefit of its advanced students a clinic, in which practical instruction is given, and where the students treat patients under the guidance of the chief of the clinic. A great many of our graduates have not felt the necessity of attending this practical instruction, having found the correspondence course sufficient for all needs. But others have taken the practical work and speak very highly of the excellent opportunities offered to them here at the college.

QUICK RESULTS OF MECHANO-THERAPY.

A Photograph Taken in the Department of Practical Instruction at the American College of Mechano-Therapy.



Showing curvature of spine at beginning of treatment

NO TEXTBOOKS REQUIRED.

Our students have always appreciated the fact that this college does not require the purchase of textbooks beyond what is furnished

Warning and Important Notice to all Graduates and Students of the American College of Mechano-Therapy

We desire to warn all of our graduates and students against a number of so-called schools and colleges which are springing up here in Chicago and in different parts of the country, purporting to teach certain systems of Natural Healing.

The success of our graduates has no doubt caused the establishment of these alleged schools, which are of mush-room growth and not worthy of the confidence of our present and prospective students and graduates.

The American College of Mechano-Therapy and the Chicago Movement Cure, under the auspices of which this school was begun, date their existence back to 1867. For 42 years its work has been carried on and its reputation for honesty is unquestioned.

The school has, and is spending many thousands of dollars in spreading the science and the name of Mechano-Therapy all over the world, and this wide-spread publicity is of the greatest financial benefit to our graduates, as it creates a big demand for Mechano-Therapists.

During the last two years this college spent **the enormous sum of \$128,000.00** for the purpose of educating the public to the great advantages of Mechano-Therapy as a practical system of healing. All this money spent brings it about that our graduates find a ready field for their services and at good pay. Just for comparison, prospective students should ask what other schools have done for them.

The American College **has spent more money** and **has done more for its graduates** than **all** similar schools in the country put together.

None of these itinerant schools mentioned can in **any** way offer what we are offering our people, and we ask all of our graduates, students and those intending to study to be on the lookout.

We are in receipt of large numbers of inquiries from all over the country from sick people who have seen our advertisements of Mechano-Therapy and who want the name and address of graduates in Mechano-Therapy, in order to be cured of personal ailments. Whenever we can, we refer them to graduates of the school in their neighborhood, but there are thousands of places where Mechano-Therapy is not yet represented and the opportunities we thus offer are entirely out of the question with these so-called schools mentioned.

We will, at any time, be more than pleased to have any prospective student make the fullest investigation as to our methods. We will not, like some of those mush-room colleges, refer you to twelve or fifteen individuals who have taken their course, but to **hundreds of thoroughly satisfied graduates**, who have written us that our course in Mechano-Therapy surpassed their fondest expectations.

It will not pay anyone to take up a fad, especially in the art of healing. We offer you in the profession of Mechano-Therapy a system of Drugless Healing that **has stood the test of time**. A dignified profession in which many earnest men and women are meeting with financial success.

**AMERICAN COLLEGE OF MECHANO-THERAPY,
CHICAGO, ILL., U. S. A.**

by the school itself. As a rule, when a student takes up a study in any school, he or she is obliged to buy expensive books upon which the course is based. The only small expense aside from the tuition fee is the cost price of \$4.85 for a full series of grouped Anatomical and



Showing corrected curvature at end of two weeks' treatment

Physiological charts and one complete Manual explaining them.

These charts are now especially manufactured for the college and commend themselves to all who wish to have a reliable guide of Anatomy and physiology.

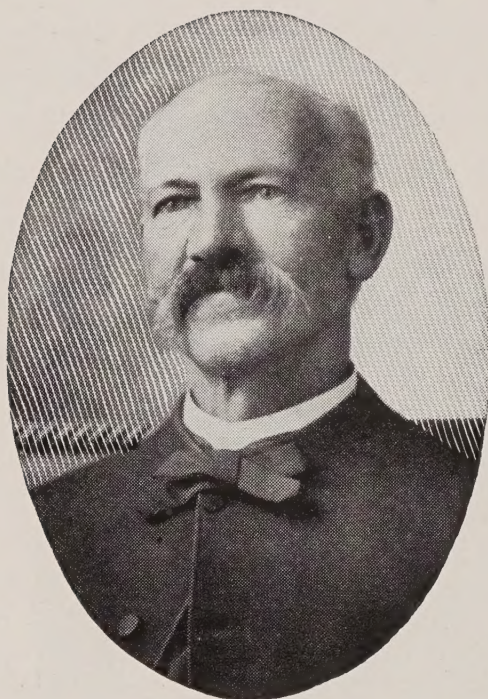
The complete set contains eight charts, 22½ inches by 30 inches. They contain 5,400 square inches of the most artistic lithography which it is possible to turn out.

Accompanying these charts is a complete manual, fully explaining them.

These charts can be obtained at \$10.00 for the set by those who are not our students, as this is our regular price. The students obtain them in connection with their work, at the mere cost of importation from Europe.

They were prepared for us by the greatest living authority, Dr. Wm. Turner, Dean of the University of Edinburg, Scotland, and are authoritative, reliable and artistic in every respect.

The subject matter contained in our course cannot be found in any



JOHN A. WALKER, M. A., M. D., D. M.-T.

University Station,
Seattle, Wash., Dec. 10, 1908.

Dr. W. C. Schulze,

Dean of American College of
Mechano-Therapy, Chicago, Ill.

Dear Sir:

With all sincerity and enthusiasm I thank you and the Faculty of your College for this beautiful Diploma, and also for the unlimited interest manifested toward me through all my course of study. Your courses are easily learned and inspiring, yet profound, logical, scientific and philosophical. They are not only adapted to those of an elementary education, but to those, male or female, who have acquired the highest degrees of culture and refinement.

To prospective students I advise: Enroll immediately in a pleasant, profitable and dignified profession. Mechano-Therapy is destined to be the grandest, the most desirable and efficient system of healing the world has ever seen. Its methods cure in chronic cases where drugs fail or cannot reach.

If Carnegie or Rockefeller would immortalize their names by assisting financially your eminent College the good resulting would be amazing. You, who spend thousands of dollars instructing doctors for healing the

suffering are the real benefactors and philanthropists. What a magnificent building! What a temple of Healing Virtue! You are incessantly dressing the moral—the spiritual—stones, educating and molding the character of men and women. Erecting a temple by far greater than Solomon's. In the battle for right and humanity we ought to be the Aarons and Hurs to hold up the hands of our noble, drugless teachers that their unexcelled system of Therapeutics might fill the world with light and health, beauty and happiness, thus obliterating the death-dealing drugs and poisons of this so-called Christian age.

In the language of the Queen of Sheba, in reference to the acts and greatness of King Solomon—we say, in behalf of Mechano-Therapy—the half has not been told!

The eight magnificent charts unparalleled for instruction and neatness as a work of Art, are worth more than the tuition fee. They who love anatomy and physiology have in these sciences the most wonderful machinery of their own bodies—an exquisite, scientific and art study. I am proud of being a graduate of your institution, the best, up-to-date, scientific, healing, practical and effective college of modern times and managed by a trustworthy, enthusiastic faculty, highly educated, progressive and inspiring.

Dear Doctor, I admire your judgment! You have interwoven the gems of thought, plucked the most beautiful, beneficial and healing flowers, and selected the cream of every other system. Mechano-Therapy, from center to circumference, is the most artful and natural method of healing. I have taken degrees in healing, but I appreciate and indorse your progressive and substantial methods. Mechano-Therapeutics is the most sublime profession, scientifically and artfully combined.

It is the best, the quickest and safest healing agent. It is the summum bonum of all medication! Use this letter if requisite. Wishing American College success.

Sincerely and respectfully yours,

JOHN A. WALKER,
M. A., M. D. and D. M.-T.

book or any number of books. It is absolutely original and has been carefully prepared by experts in their respective branches.

In the fundamental studies of Anatomy and Physiology we have constantly kept in mind the necessity of teaching THE IMPORTANT points only. The medical student learns his anatomy only to forget nine-tenths of it before he ever graduates. In this way he forgets some of the important things he should know. Presenting as we do only the essential things, we make them become second nature to our students and they will always retain them.

THE TEACHERS OF THIS SCHOOL.

Dr. W. C. Schulze, Dean of the College, and Professor of the Principles and Practice of Mechano-Therapy, is the Medical Director of the CHICAGO MOVEMENT CURE. He, together with many others of the leaders in the medical profession has, through years of experience in hospital and private practice, come to the conclusion that in the methods taught in this school, lies the real hope for the alleviation of human suffering and the cure of chronic disease. Dr. Schulze's advice and counsel is at the service of any student and graduate of this college.

Dr. Wm. L. Le Boy, Chief Examiner, Professor of Physical Diagnosis, is a regular physician who has made a special study of the subjects taught by him in this school. He is a profound scholar and uses Mechano-Therapy as taught in this school in a large private practice.

Dr. R. V. Barta is a Mechano-Therapist of excellent training and as a teacher of practical Mechano-Therapy he has no superior anywhere. He is a regular physician, but for many years has made a specialty of Mechano-Therapy.

S. J. Tinthoff, instructor in Business Methods, is eminently well qualified for this position. He has been connected with the practical end of affairs medical as supervisor, manager and secretary for many years and is an accomplished business man. His knowledge of the proper methods a physician, specialist or Mechano-Therapist may pursue in order to build up a large practice, is perhaps unsurpassed by that of any other man in the United States.

The subjects he teaches are purely practical ones but constitute a most valuable part of the course, as they give our graduates a thorough grasp of those business methods with which they must be familiar in order to win success quickly and keep it indefinitely.

This course gives the professional training our graduates receive



P. H. ROWLEY, M.-T.,
A prominent graduate, of Everett, Wash.

Reading, Pa., Dec. 14, 1908.

American College of Mechano-
Therapy.

Dear Teachers:

I have received my Diploma which was issued on the 8th inst. I am delighted with it, but I am not able to express in words the gratitude of my heart for the good received from the course which I have pursued under your most thorough instruction. I have been able to help my people already out of great pain by treatments which I have given them only yesterday, while on my pastoral visits. I found one of my parishioners fast in bed with lumbago, under a doctor's care, but finding no relief from the medicine he was taking. I treated him for about thirty minutes and his pain was gone, and was able to get up. I am convinced that every pastor could increase his usefulness more than a hundredfold if he were a Mechano-Therapist.

I am sincerely yours,

H. J. ROBERTS, D. M.-T.

710 Ross Ave.,
Winnipeg, Nov. 3, 1908.

Dr. W. C. Schulze, M. D.

Dear Sir:

I cannot refrain from writing some few lines to explain some points, viz: Age 72. I had some photos taken last September and if I can get one, I shall send it quickly.

From my handwriting I know you will find out whatever further wanted. I work a good deal in missionary work in Manitoba, and have done my best to alleviate the ailments of soul and "body." I am greatly busy, but there is always time where there is a will.

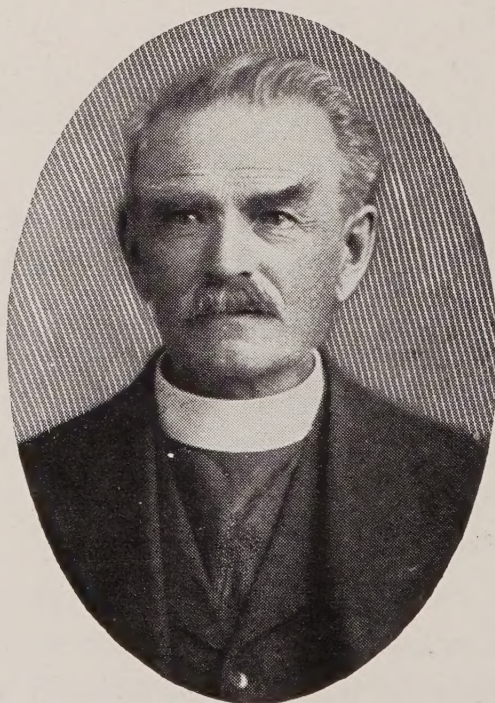
I hope to get quickly through the A. C. M. Th., having meddled with the human body on various lines for 40 years.

In time coming I hope I shall write more lengthly.

Without further for the present I send you God's blessing and my best wishes.

Yours sincerely,

REV. ODDUR VIGPIS GISLASON.



REV. ODDUR VIGPIS GISLASON.

a pecuniary value far in excess of the cost of the course, for it shows them how to make the most of their knowledge.

In this feature our course is superior to that given in any other school of which we have any knowledge. The graduate is sent forth well primed professionally but absolutely innocent of any knowledge of affairs. Not so with our students. The graduate of the American College of Mechano-Therapy is not abandoned in this manner but thoroughly grounded in successful methods of building up a large and profitable practice before we consider his education to be complete. We never abandon a graduate. Our advice and counsel is always at his or her command, both in a professional and business way.

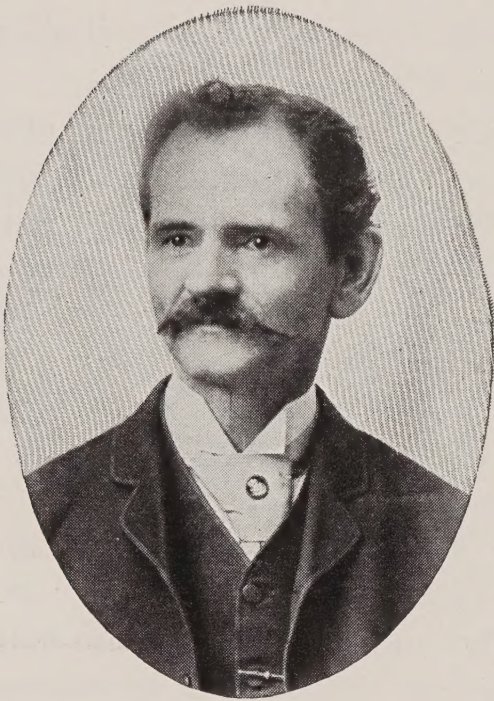
F. Stevens Tinthoff, Director of the Correspondence Dept., is, also, a trained business man and expert correspondence instructor. It is his duty to see that each student is fully supplied with all the helps, aids and conveniences supplementary to the course. All correspondence and the records of students' progress is under his charge.

Behind the course taught by this college is the accumulated experience of the Chicago Movement Cure, a celebrated clinic, which has been in active operation for forty-two years. It was the pioneer of all similar institutions in this country. Within its walls were developed most of the procedures that have been systematized and endorsed by the leading men of the medical profession as sound, scientific practice.

The Mechano-Therapeutic principles taught in the course have been applied, examined, sifted, tested and finally perfected by forty-two years of application in this institution. Nothing has been left to theory. Everything has been reduced to fact. That gives the course unquestioned authority and its real value. It is in no sense an expression of opinion or hearsay—but a crystallization of forty-two years' hard, practical experience.

HOW TO BEGIN.

When the student has graduated, this school will aid him to develop a good practice as quickly as possible, and we have often been surprised how in a short time a graduate will inform us that he or she has developed a profitable business. We do not guess as to the best way to begin; we know what we and others have done; and we stand back of the graduates with all this experience. We tell you how to get patients; we advise you what cards or booklets to use to make yourself known; and in fact, we even furnish you at low price, with a booklet all printed, bearing your name and address on the front page.



J. BOOCOCK, D. M.-T.

East Orange, N. J., Nov 24, 1908.

Dr. Schulze,

American College of Mechano-Therapy, Chicago, Ill.

Dear Doctor:

I received my Diploma in good condition; it is an exquisite work of Art, and looks fine to adorn the office of an M. T.-D. Certainly it is well worth the five months study that I have given to your full course of instructions. From the first lesson to the last I have always felt an intense interest, and awaited each lesson with pleasure, as they are concise, methodical, easy to understand, and written with a scientific knowledge of the subjects.

The Charts on Anatomy, Physiology, and the different systems of the body, are most beautiful, and when studied with the lessons, as given by the American College of Mechano-Therapy, will convince one with awe of the wonderful mechanism of the human body.

What a grand thought it gives, that Natural Laws, through the study and practice of Mechano-Therapy, will enable us to keep the body in permanent health through perfect circulation.

I am delighted that I have taken up this work. I recommend Me-

chano-Therapy as a dignified, up-to-date profession, and I shall be glad to help the College whenever I can.

Yours fraternally,

J. BOOCOCK, D. M.-T.

"DELIGHTED TO RECOMMEND YOUR COURSE."

6 St. Nicholas Terrace,
New York City, July 3, 1908.

Dr. W. C. Schulze,

Dean of American College of
Mechano-Therapy.

Dear Doctor:

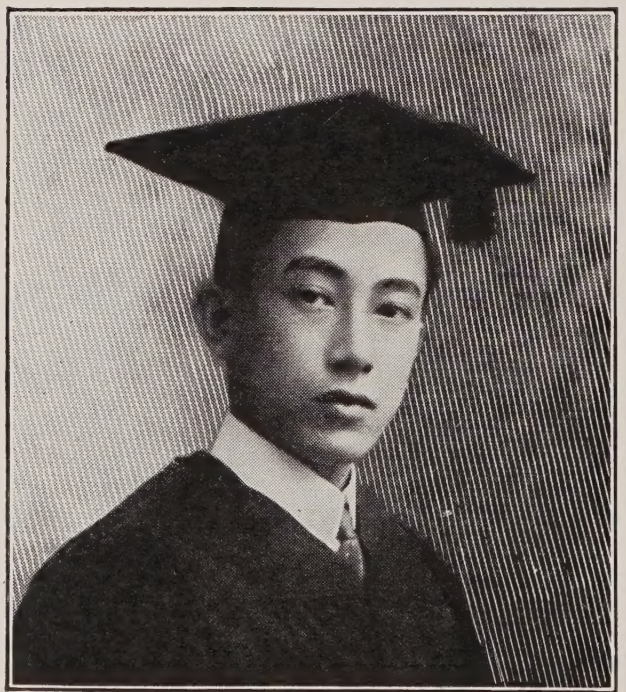
Received the Diploma in good condition. I am going to send you my picture with this mail. I am going home this summer and I shall be delighted to recommend your course to my countrymen, and to whoever is interested in Mechano-Therapy. I will come back to this country again next fall.

It gives me great pleasure to heartily endorse your college and am very much pleased with the lessons.

With my best wishes to the American College of Mechano-Therapy and professors of the college, I am

Yours very sincerely,

DR. T. HASEGAWA.



DR. T. HASEGAWA.

Failure is thus made practically impossible and you should succeed from the start.

WHY YOU SHOULD START NOW.

No doubt, within a short time those Mechano-Therapists who are practicing will bring about State supervision, and, according to the well-known fact that a law can never be made retro-active, all those who have then graduated would not have the difficulty to satisfy State requirements as do those who take up this work later. This is a very important reason why you should not delay the taking up of this work a moment. Several years ago a student could graduate in Osteopathy in a few months, but now most of the states require from three to four years to complete the course. You can easily see the advantage our student has. He saves two to three years' time to say nothing of the money.

NO EXPENSIVE EQUIPMENT.

To begin the student needs nothing but his two hands and a place in which to do his work. If his means permit, he may open a fine suite of offices, or he may establish himself in the parlor of his home. Custom sanctions either course. Or, he may go out to the homes of his patrons, if he cannot afford a suitable place to which they may come.

With the training we have given him, he is ready for business. If he has followed the instructions contained in our lessons on establishment, there should be customers awaiting him the first morning he unlocks the door.

From that day on there should be no more difficulty about patronage. If he does his part the results he obtains will quickly spread his fame. Clients will seek him from near and far, for, as the old saying goes, "nothing succeeds like success" and no reputation travels faster than that of the successful Mechano-Therapist who gets results.

Moreover, the public itself, has long been out of patience with drugs, and the fact that a man overcomes disease without them is alone sufficient to attract attention to him.

WHERE BUSINESS COMES FROM.

In our course we devote special attention to the problem of establishment. We devote great care and pains to make certain that the graduate shall be thoroughly informed as to the best methods to pursue in order to build up a large and lucrative practice.



BESSIE E. CONRAD, M.-T.

Nov. 13, 1908.

Dr. W. C. Schulze,
American College M. T.,
Chicago, Ill.

Dear Doctor:

Received my diploma some few days ago and think it is very nice. I have had it framed for my office, as I intend to start practicing in a few days. I most heartily recommend your course in Mechano-Therapy, as it imparts knowledge for both Healing and professional purposes. Have used some of the methods taught in your course with gratifying success. You may use this testimony for whatever purpose you think best for the benefit and success of your college.

Thanking you for your help and advice, I am yours,

Very Respectfully,
BESSIE E. CONRAD, M.-T.

**"WILL FREE HUMANITY FROM
CHRONIC AFFLICTIONS."**

June 1, 1908.

Dr. W. C. Schulze, President,
American College of Mechano-
Therapy.

Dear Doctor:

In reply to your inquiry in regard to Mechano-Therapy, I must state

that your course is practically very instructive and every point is scientific and interesting to the last lines of study.

I have been practicing drugless healing methods for a number of years, and have taken a number of courses on different branches of Natural Therapeutics and now find that your course gives a fair knowledge on all branches of Natural Methods, and I wish to recommend your College to anyone whose intelligence dictates to them to take up a study that will free humanity from the miseries of chronic afflictions that were brought on by the violating of natural law and by the present system of stomach drugging.

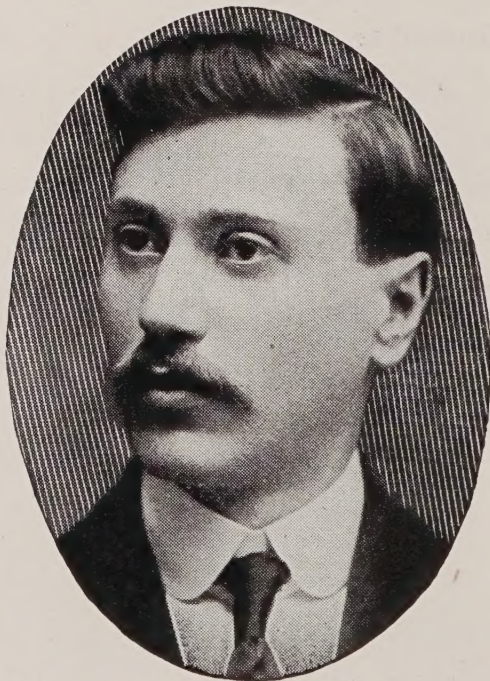
Let all those practitioners whose intention is to really benefit humanity, take up a course in Mechano-Therapy, and also to practice it. They will, no doubt, make a success in both curing disease, and also financially.

Wishing your College and faculty continued success and prosperity, I am

Yours very respectfully,

DR. LOUIS BLUMER.

P. S.—Your diploma is a beautiful piece of art and equal to the best College Diploma.



DR. LOUIS BLUMER.

It may interest many to know where the money comes from, however.

First—The doctor. Physicians are familiar with the value of Mechano-Therapy, but very few of them have the time or special training necessary to practice it. They refer their patients to the nearest Mechano-Therapist. At the present time, owing to the scarcity of competent operators everywhere, this usually means a trip by the patient to the nearest metropolis where he will visit a busy man, none too eager for this transient custom, who charges him a good stiff fee in consequence.

As the average doctor always has from two or three to a dozen or a score of such eligible cases under his care, the mere announcement of the Mechano-Therapist to the profession, that he is ready for business, should bring him enough patronage the first few months to keep him busy, and this statement has been amply proven by the experience of our graduates.

Second—This patronage is recruited from the great public of chronic cases, neurasthenics, dyspeptics, paralytics, anemics, rheumatics, etc., etc., etc., of which every city, town and hamlet is full. This class of sufferers is seemingly forever on the hunt for some different form of treatment. Apparently their main happiness consists in searching out new methods and spending money on them. They are animated with the enthusiasm of discovery. The Mechano-Therapist has not long to wait, after he has established himself, before some members of this large and well-to-do class present themselves.

When these people find, as they will, in the majority of cases, that his methods are producing results which they had long ago abandoned as unattainable, their enthusiasm knows no bounds and they gather in their friends. As they are generally well and numerously connected their influence is sufficient to bring the young practitioner all the work he can do.

Third—There is a large number of wealthy men and women, who are looking for traveling companions, able to keep them in perfect health. It is said that the famous actor, Mr. Mansfield, had a Mechano-Therapist who accompanied him at all times at a large salary. As the immense value of this science becomes more and more known there will be a still greater demand in the future for men and women skilled in this work.



ANDREW G. KOENICKE, M.-T.

"HAVE ONLY BEEN PRACTICING SIX WEEKS AND AM MORE THAN PAYING EXPENSES."

Nov. 8, 1908.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

After completing the course of study the temptation to locate and serve humanity in this particular field was so strong that I yielded. I have been practicing here about six weeks and am paying expenses and more. and have made several remarkable cures. I count the time and money spent in this direction well spent.

I am sending you a photograph under separate cover,

Very truly,

DR. H. A. BRETH.

Nov. 16, 1908.

American College of Mechano-Therapy, Chicago, Ill.

Gentlemen:

The diploma awarded me is at hand, and I thank you most heartily for it.

I take this opportunity to express my entire satisfaction with your course.

The lessons are simple, clear and concise, that convey the knowledge you impart, and I feel that the few simple words of gratitude which I write but poorly express my feelings toward you, who are devoting your time and ability to prepare any who may desire to enter into a business which is pleasant and at the same time more profitable than any other.

Wishing you every success in life, which you merit, I remain,

Yours very truly,

ANDREW G. KOENICKE, M.-T.,
69 Lemon St.



DR. H. A. BRETH.

REGARDING POSITIONS FOR GRADUATES.

We receive some letters, now and then, from prospective students asking us to guarantee them a well-paying position in a Sanitarium upon their completion of our course. In anticipation of such inquiries we wish to state that while every diligent student can count on our influence and assistance to obtain one for him, it is manifestly impossible to guarantee positions, especially in view of the fact that the school is in much better position to recommend a student AFTER his work has been noticed by us during his course. Most of our graduates go into independent business for themselves, as this plan promises by far the larger income, greater independence, and a more prominent social position.

PECUNIARY REWARDS.

The cash rewards of the Mechano-Therapist depend on the character of his patronage. If it be exclusive and wealthy he may not do any great amount of work and still become a rich man. His relationship to his clients is so personal and he is so likely, by giving them welcome relief, to place them, in a sense, under obligations to him, that honorariums running into the thousands of dollars are quite within the range of possibility, even of probability.

Long and luxurious journeys at the expense of some wealthy patron during the period of which the operator is retained at his own price, are by no means unusual.

Friendships are made possible with influential persons and the door of opportunity opens for the Mechano-Therapist, not once, but many times.

A \$10,000.00 GIFT.

One young Chicagoan, a manual operator of average ability only, of unimpressive appearance but pleasing manners, received a gift of over ten thousand dollars a short time ago from one of his patrons.

Such good fortune is possible with any operator, for he soon becomes indispensable to a sick man whom he alone can help. He holds the man's health, as it were, in the hollow of his hand. Naturally enough, when one restores health to another who has given it up as hopeless, the debt is a large one and the expressions of gratitude are correspondingly handsome.

Apart from these honorariums that may make the Mechano-Therapist a rich man over night, the fees of the Mechano-Therapist may run, according to his reputation and the size of his practice, from five

Ministers and Mechano-Therapy

Mechano-Therapy numbers among its graduates people from practically all occupations and professions, but there is no profession which is so well represented in this great calling as the Ministry, and when it is considered that Clergymen are always people of superior education and training and are eminently qualified to judge of the value of a profession, it proves very conclusively what so many Ministers have said of the great value of Mechano-Therapy, both as a vocation and an avocation.

It would be impossible for us to publish even a small fraction of all the praise that Ministers of the gospel have bestowed upon Mechano-Therapy and this school. Just for instance: Rev. Opsala, of Bemidje, Minn., says: "The course of Mechano-Therapy is practical and thorough. Its study has been the source of the greatest pleasure for me. I thank you very much for your kind treatment and good advice and I can recommend your school to all."

There are many instances in which prominent Ministers of the gospel have taken up Mechano-Therapy and have made it their life work, for they have found that no line of human endeavor offers so much opportunity for doing good in the world than Mechano-Therapy.

There are 350 Ministers of the gospel of all denominations, who after thorough investigation, took the course in the American College of Mechano-Therapy, and after graduating, have found it a humanitarian as well as a profitable profession.

Remember, the American College of Mechano-Therapy is the oldest (founded 1867), most reliable and largest school of drugless healing in the world.

HOSPITALS USE LESS DRUGS

Physician Says Other Methods of Curing Are Gaining.

PUBLICITY NOW IS URGED.

Standards of Education for Nurses Are Said to Be Too High.

Washington, D. C., Sept. 23.—Illustrations of the rapid decline in the use of drugs in the various hospitals of the country featured today's session of the eleventh annual conference of the American Hospital association here. They were shown in the report of the committee on hospital efficiency, hospital finance, and economics of administration, which was presented by Dr. R. R. Ross, superintendent of the Buffalo (N. Y.) General hospital.

Great Decrease in Cost.

Dr. Ross declared that fifteen years ago the annual cost of medicines for each patient in the Massachusetts general hospital was \$2.90, while last year it was only 81 cents. He showed that the cost of drugs in the Buffalo general hospital also had shown a marked decrease for the last year.

"It is difficult to predict what the future of medicine in hospitals is going to be," said Dr. Ross. "Undoubtedly drugs will continue to be used, but other agencies or some agency still unknown to us will have a place. There will perhaps be doctors to preach and pray, doctors to prescribe the correct methods for the use of the mind, specialists on fresh air and exercise, and doctors to prescribe drugs and operate. These statements may seem to be in lighter vein, yet hospitals are beginning to adapt themselves to the changed conditions."

Full Publicity Is Urged.

The committee urged full publicity of hospital affairs, declaring it entirely ethical for hospitals to present their advantages before the public in an attractive manner and in such a way as to encourage confidence in the public and a knowledge among patients that their interests are being carefully guarded.

That the standards for the education of nurses being enforced in many hospitals are unnecessarily high was the burden of an address by Dr. R. M. Phelps, assistant superintendent of the Rochester State hospital of Rochester, Minn.

Indiscriminate giving of drugs will soon be a thing of the past. The physicians themselves admit the use of drugs is greatly on the decline.

Dr. Ross is indeed right when he says: "There will be specialists on fresh air and exercise."

Mechano-Therapy is the true and accepted method of drugless healing.

or six dollars a day to twenty dollars a day or more. Two dollars for a half-hour treatment is the average price established by Mechano-Therapists all over the country.

UNLIMITED INCOME TO GRADUATES.

In fact, he is no more limited in his income than is the clever young surgeon with whom his position may be compared. In a few years after his reputation is established and the character of his work known, the surgeon will be receiving \$250 for an operation which he would have performed in his first year for \$25. So it is with the Mechano-Therapist; as his clients multiply he increases his fees.

But he has the advantage of the surgeon who must always do his work himself. The busy Mechano-Therapist can delegate most of the labor on assistants without losing prestige so long as he is present to superintend it. In fact, as the owner of a large and prosperous establishment he gains in importance.

When he arrives at this point, advertising can be employed to help build up an immense establishment, as witness the Battle Creek, the Columbus, the Pennoyer, the Mt. Clemens and other sanitariums. Battle Creek, which has an income of not less than fifty thousand dollars a week, is conducted on Mechano-Therapeutic principles. Its system is natural healing.

THE CHICAGO MOVEMENT CURE, under whose auspices this college is conducted, is an example of what can be accomplished in the way of a general establishment maintained without advertising, or any others means of publicity, except the unsolicited co-operation of its patients and the medical profession. It has been in continuous operation for a period of forty years and has had the patronage of such men as Marshall Field, Franklin McVeagh, A. L. Sweet, Dr. R. T. Ely, H. C. Buhoup, Judge Freeman, C. W. Partridge, Frank Wessels, T. M. Luce and a host of well-known people of national reputation.

We could name several other establishments in the City of Chicago which from small beginnings have yielded returns running into the tens of thousands of dollars a year.

EQUIPMENT.

Every other calling requires of a man an outfit of some kind, if he wishes to start for himself. If he hasn't this outfit and cannot afford to buy one, he must hunt a job. His efforts at self advancement end in a change of masters—a blessing not altogether unalloyed. The salesman must have a stock of goods; the artisan must have a kit of

Following will be found photographic reproductions of several of the different departments in the American College of Mechano-Therapy. These views will convey but a slight idea of the great work we are carrying on. We are the largest institution in the world devoted exclusively to the teaching of Mechano-Therapy in all its branches. We court the fullest investigation of our methods of teaching Mechano-Therapy. We could—if space permitted—print thousands of letters of commendation. Our best references, however, are the students and graduates of this college. Many of them are meeting with the most remarkable success.

We know of no other profession at this time that a man or woman can enter that will pay as well as Mechano-Therapy.

AMERICAN COLLEGE OF MECHANO-THERAPY, Chicago, Ill.



OFFICE OF DR. W. C. SCHULZE, Dean

This picture presents the private office of the president of the American College of Mechano-Therapy. It adjoins the north room of the Clinical Department on the west and the secretary's office to the east, putting the president into easy communication with the various departments of the college. Here the head of the school is always glad to welcome and advise any student who will avail themselves of this privilege.

The accompanying illustration shows a corner of the office of the secretary. Here all contracts are made for advertising, printing, paper, charts, etc., etc. Some idea of the magnitude of the business of the college may be gained when you take into consideration the fact that during the past two years this college has spent the enormous sum of \$128,000.00 in generally promoting the cause of Mechano-Therapy.



OFFICE OF F. S. TINTHOFF, Secretary

tools; the lawyer must have a library; the doctor must have instruments; the engineer must have an engine; even the laborer must have a shovel—all need something with which to start, and if they cannot provide it they must hunt a job, all—except the Mechano-Therapist. He needs practically nothing but a skillful pair of hands. Such other tools as he uses, the physiological functions, for example, are inside his patient.

Wherever he goes his equipment goes with him and he can never remove himself beyond the reach of a possible clientage. Wherever he can find human beings there is work for him to do.

His is the only universal, most essential, always available profession.

ABILITY.

Special ability is not required to become a Mechano-Therapist. There is nothing to be learned that cannot be acquired with ease by the average person having a common school education, and the ambition to succeed.

NEVER SHORT OF MONEY.

The Mechano-Therapist's fees are payable in advance. Every day should be productive of cash payments. A man doing a business of from \$5 to \$20 a day and getting the money before he does the work, should be fairly contented with his lot.

BUSINESS METHODS.

The value of the business methods incorporated in our course for the guidance of the young graduate just starting out on his own account, are worth the tuition fee alone, for they are the intimate, general principles of actual experience in promoting business success and as such are applicable to any business.

CHARACTER OF THE COURSE.

This course has a general and a personal value—a general value for the student who elects to make a living at it; and a personal value to the student, man or woman, who may not use it as a means of livelihood, but who wishes to live rightly, avoid sickness and get the most out of life.

The information we impart is the most important of which a human being can be possessed and it should form a part of the mental



OFFICE OF S. J. TINTHOFF, Treasurer

This view shows a portion of the Treasurer's Office. The treasurer handles all funds of the College and pays all bills. He also aids those students who are here for practical work in cashing their drafts, thus aiding in making their stay here pleasant, in taking from them the bother strangers usually have in a large city in getting their funds cashed.



OFFICE OF DR. W. L. LeBOY, Chief Examiner

The accompanying view shows a section of the office of Dr. W. L. LeBoy, Chief Examiner. Dr. LeBoy is assisted in this work by other examiners, who were all duly registered graduate physicians and surgeons, before taking up Mechano-Therapy. The advice and assistance of the department will always be given free to our advanced students and graduates.

equipment of every man and woman of average intelligence in the country.

With this knowledge a man can save himself much sickness and much expense. If he be already afflicted it shows him how to treat himself at home without the expenditure of a penny. It enables him to develop his physical and mental capabilities far beyond the point they would attain without this systematic stimulation and correction.

After studying this course a man understands himself and is forewarned—and forearmed—against disease. He possesses a liberal education consisting, not of theoretical knowledge, but of practical working knowledge which is available for use any day in the year, every year of his life, for himself or any member of his household. It may save life, it can conquer affliction, it does preserve health and it teaches how to make life worth living.

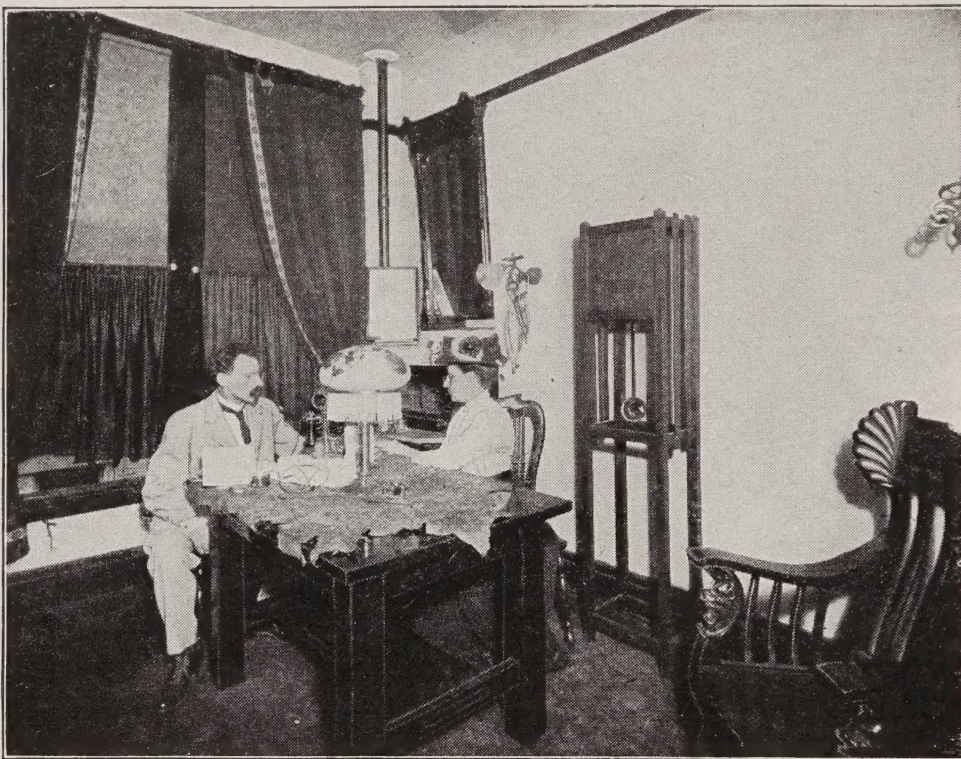
This knowledge is so valuable and so necessary that even if it cost ten times the price of the course it would be ridiculously cheap, for the want of it costs a man many times ten times its cost.

For what is the use of success if one cannot enjoy the fruit of achievement? Of what value are millions to him who has ruined his health in their pursuit? And, by way of contrast, what worth has knowledge such as this which would have instructed him how to escape, or nullify, the evil effects of his extraordinary exertions? For it is not hard work that breaks the health and undermines the constitution, but neglect, and in ninety-nine cases out of every hundred, neglect is due to ignorance.

A man may be the biggest merchant on Broadway or State Street and not know certainly whether his liver is on the right or left side. He thinks it is no consequence for him to know. But if his liver is out of order, his brain cannot be nimble, and if his mind is dull, his judgment cannot be keen, and if that fail him, he may lose much money, and that is of some consequence—very great consequence. It is worth while for him to know where his liver is, and not only where it is, but what it is for. A GOOD liver might easily be worth another million to such a man, but to be good it must be watched perpetually, and no one can do that better than its owner, and he cannot do it unless he knows how. So we might reason this course, which shows him how, might be worth a million dollars.

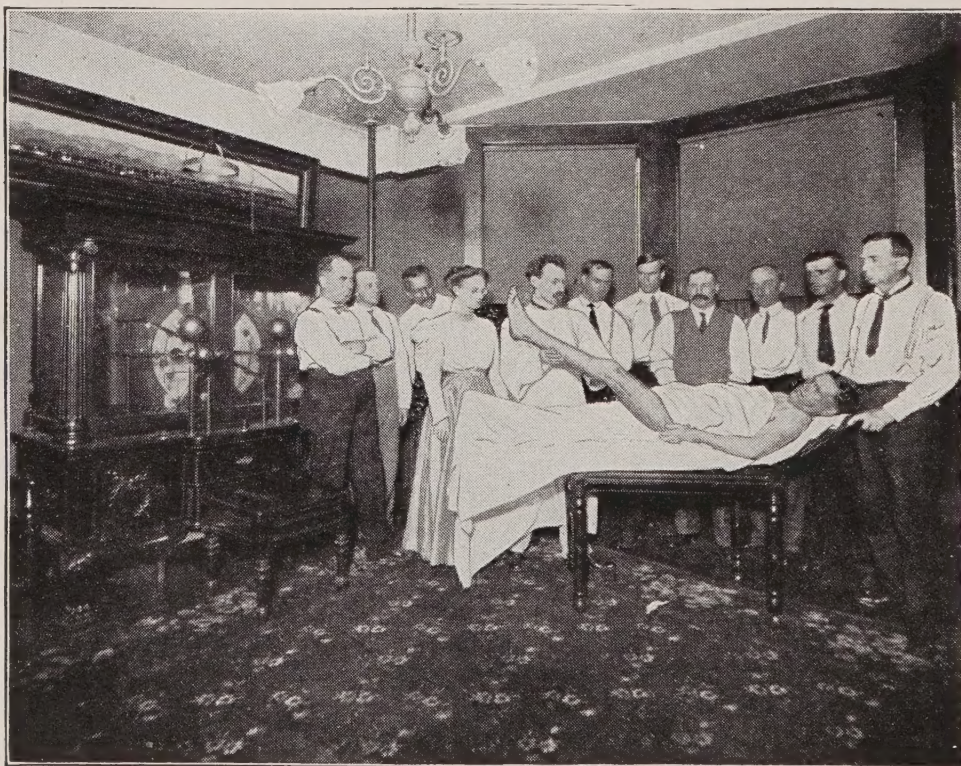
Most men need our course.

It is written in a simple, easy, non-technical style. The subject is full of surprises and discovery. The body you inhabit is a bundle of



CONSULTATION ROOM—CLINICAL DEPARTMENT

This is the Consultation Room for the Clinical Department of the school. Here prospective clinical patients are examined before treating and methods of caring for each case are laid down. Students taking the Clinical Course are given the privilege of examining patients with a view of finding out what the matter is, and they can then compare their findings with those of the professor.



CLINICAL DEPARTMENT, NORTH ROOM

Here is presented a picture of the large north room of the Clinical Department. A first-class X-Ray machine is found here. In this room the president of the college lectures to all the clinical students every morning at 10:30. Other members of the faculty also lecture here, and the rest of the time this room is given up for clinical demonstration and treatment. A month or more at the college for all students having finished the regular correspondence course is to be highly recommended.

wonders that would charm your attention if brought to your notice, and in this course they are set forth in a fascinating way.

The authors are thoroughly versed in their subjects, and the ease of their style is due to the mastery of the facts.

The treatment is purely scientific, exact and up to date. Facts only find place. Faddism, freakishness, etc., are mentioned only to be proscribed. The reader is impressed with the fact that this calling grades with the medical profession and is amenable to the same high code of ethics.

Tabulation of Subjects

A PARTIAL SUMMARY OF SUBJECTS TAUGHT.

ANATOMY AND PHYSIOLOGY.

Study of Bones—Spinal Column; Thorax or Chest; Difference of Chest in Male and Female; Influence of Corsets upon the Female Chest; The Skull; Bones of the Cranium and of the Face; The Pelvis; Difference of Pelvis in Male and Female; The Upper Extremities; Frequency of Fracture of Lower End of Radius, Called “Colles Fracture;” Bones of the Hand; Lower Extremities; Knee Joint; The Bones of the Foot.

Study of Joints—The Ligaments; Synovial Membranes, etc.

Study of Muscles—Different kinds of Muscles; Nerve Supply; Points of Origin and Insertion; Tendons; Muscles of the Face, Neck, Palate, Pharynx, Back, Abdomen, Thorax, Shoulder and Arm, Leg, Pelvis; the Diaphragm.

Circulation of the Blood—Capillaries; Arteries; Veins; Lymph; Interchange of Material between the Capillaries and Lymph Vessels; Properties of the Blood; Different kinds of Blood Corpuscles; Corpuscles in Disease; To What the Color of Blood is Due; Production of Blood Corpuscles in Marrow of Bones; Function of Blood Corpuscles; White Corpuscles and their Importance in Disease; Plasma, or Fluid Part of Blood; Clotting of Blood; Great Value of the Clotting of Blood in Stopping Bleeding; Total Quantity of Blood in the Human Body; How Much Blood May Be Lost without Bleeding to Death; Description of Heart; Position of Heart; Covering of Heart; Heart Chambers; Valves;



A photo showing a group of students at the school taking a course of practical work in Mechano-Therapy under the supervision of the faculty. In the class room in which this photo was taken are held all the lectures given at the college.



A PORTION OF OUR STENOGRAPHIC DEPARTMENT

In our Stenographic Department will be found a number of typewriters of the most prominent makes such as Olivers, Remingtons, Smith Premiers, Underwoods, Caligraphs, etc.

Heart Beat; How the Heart Works; Cause of Heart Beat; Sounds of Heart in Health and Disease; How to make Thorough Examination of Heart; the Pulse; Number of Pulse Beats per Minute at Different Ages; How to Feel the Pulse Properly; How to Detect Disease From the Pulse; Minute Description of all the Leading Arteries and Veins in the Human Body; Importance of a Knowledge of Portal Circulation; Great Necessity of Thorough Knowledge of Circulation to the Mechanotherapist; "A Man as old as his Arteries;" Lymphatics.

Respiration—Oxygen the Body's Greatest Friend; Carbon Dioxide Greatest Enemy; Definition of Respiratory Act; Description of Larynx; Trachea; Adam's Apple; Vocal Cords; Value of Nasal Breathing; the Lungs; What Constitutes, Scientifically, an Expiration and an Inspiration; Number of Respirations per Minute; Will has no Control over Heart or Respiration; the "Vital Knot." Condition of Lungs in Embryo (Before Birth); Difference in Expired and Ordinary Air; Quantity of Carbon Exhaled; Space Individuals need for Breathing; Ventilation; How to secure complete Ventilation in Living Rooms; Influence of Breathing on Consumption; Relation of Respiration to Circulation; Mechanism of Sighing, Yawning, Hiccough, Coughing, Sneezing, Crying; Artificial Respiration and How to Bring Persons Back to Life After Asphyxiation from Drowning or Gas Poison; Proper Breathing in the Cure of Many Diseases.

Digestion and the Digestive Organs—Definition of Digestion, Different kinds of Food Stuffs; Quantity of food required by Different People; the Best Diet; Mastication; Saliva; Teeth; the Stomach; Anatomy of Stomach; Gastric Juice; the Different Digestive Ferments; Why does not the Stomach Digest Itself? Intestines, different parts of same; Length of Intestinal Tract; Large Intestine; Cecum, Colon and Rectum; How the Contents of the Bowels are carried downward; Effects of Starvation.

Elimination and the Excretory System, Kidneys, Bladder, Skin—Constructive and Destructive Changes in the Body; Metabolism; Anabolism; Catabolism; Urea; Waste Matter; Anatomy of the Kidneys; Ureters; Bladder; Urethra; Voiding of Urine; Composition of Urine; Quantity of Urine Passed in 24 Hours; the Skin and its Functions; Sweat; Insensible Perspiration; How Is Bodily Heat Produced; Loss of Heat; Distribution of Heat; Regulation of Temperature; Mechanism of Fevers.



CLINICAL DEPARTMENT—SOUTH ROOM

This photo gives a view of one of the clinical rooms. Here is found a first-class skeleton, stethoscopes, analyzing outfits, vibrators, electric heating lamps, etc., used in an auxiliary way with Mechano-Therapy. This is one of the places where the students give Mechano-Therapeutic treatments to clinical patients under the supervision of the professor. An increasing number of those of our students who have taken the Home Study Course take a month or more of this practical work.



SHOWING A VIEW IN ONE OF OUR FILING DEPARTMENTS

The above illustration shows a section of our Filing Department. Here all the names of prospective students are filed and from time to time literature is sent them showing the progress of Mechano-Therapy. We have many names here on file from every civilized country in the world. We frequently receive letters written in German, French, Italian and other languages.

The Nervous System—Purpose of; Description of Nerve Tissue; “Nervous Impulses”; How Impulses Reach the Brain; Motor and Sensory Nerves; Cerebro-Spinal Axis; Ganglia; Sympathetic Nervous System and its Importance; the Brain and its Anatomy; Cerebrum; Different Colors of Brain Tissue; Determination of Nervous Centers in the Brain; Weight of Brain; How Long Brain Grows; Great Men’s Brains; Cerebellum; Medulla Oblongata; Pons Variolii; Cranial Nerves (twelve in number) and their Distribution; Spinal Cord and Spinal Nerves; Junction of the Brain and Spinal Cord; the 31 Pairs of Spinal Nerves and their exact Distribution; Reflex Nerve Action and its Importance; the Great Sympathetic Nerve; Vaso-Motor Nerves; Unity of Nervous System; Comparison of Nervous System and its Workings to Telegraph System; Sleep; Cause of Sleep; Loss of Sleep; Old Age and the Central Nervous System.

The Glandular System—Definition of Glands; Lymphatics; the Liver, its Anatomy and Function; Gall-Bladder; Spleen; Pancreas; Parotid Glands; Submaxillary and Sublingual Glands; Thyroid Gland; Prostate Gland; Lachrymals; Mesenterics; Mammary Glands and their changes during Pregnancy; Sebaceous Glands; Sweat Glands.

The Organs of Special Sense—The Eyes and their Anatomy; Different Chambers and Coats of the Eyes; Mechanism of Vision; Accommodation; Astigmatism; Myopia; Hyperopia; Presbyopia; Organs of Hearing; External Ear; Auditory Canal; Ear Drum; Tympanum; Eustachian Tube; Internal Ear; Organs of Taste; Organs of Smell; Organs of Touch; the Male Reproductive Organs and their description; the Female Productive Organs and their Description.

DIAGNOSIS.

Diagnosis, or How to Determine Disease—Definition; Subjective and Objective Symptoms; Hereditary Tendencies; Temperament and Personal Characteristics of Patient; Process of Diagnosis Consists of Observation and Reasoning; How to Begin Questioning a Patient about His Ailments; Considerations Aiding in Diagnosis, as Age, Sex, Habits, etc.; Physical Diagnosis; Palpation; Percussion; Auscultation and the Stethoscope; Examination of the Lungs and Heart; Where to Listen to Heart Beat; the Pulse and How to Feel It; How to Determine the Pulse rate; Frequency of Pulse; Pulse in Different Ages; Relation of Pulse to Fevers; How to Determine the Presence of Disease Through the Character of the Pulse; Effect of Alcohol, Tobacco and Coffee upon



VIEW IN THE CHIEF MAILING DEPARTMENT

We believe we have one of the most modern and best equipped Mailing Departments in America. Among other labor saving devices we have a stamping and sealing machine, known as the "Mail-om-eter" that automatically seals the envelopes and affixes postage stamps at the rate of five thousand per hour. This machine also records the number of stamps used. It is run by electricity and does the work of ten employees. In this department we also have an automatic folding machine which is run by electricity. It will fold thirty to forty thousand pieces a day and effects a great saving of time and space.



A CORNER IN ONE OF OUR STOCK ROOMS

This cut of the Stock Room will only give a slight idea of the great amount of printed matter we must purchase from time to time to conduct a business of the magnitude of the American College of Mechano-Therapy. We frequently give orders at one time for printing booklets, letter-heads, envelopes, etc., amounting to over one million pieces.

the Pulse; the Pulse in Different Diseases; Intermittent Pulse; Thickened Arteries; "Man as old as his Arteries"; the Slogan of the Mechano-Therapist; "Permanent Health through Perfect Circulation"; Examination of Stomach; Intestines; Large Intestines; Liver and Gall Bladder and their Exact Position in the Abdominal Cavity; Urinalysis or Examination of the Urine; Necessity of the Mechano-Therapists' Ability to make a Thorough Chemical Examination of the Urine; Color, Odor, Consistency and Specific Gravity; Total Quantity of Solids thrown off in 24 Hours and the Diseases occurring when this Quantity is Diminished; An Original Table showing how the Quantity of Solids can be easily determined by the Mechano-Therapist; Renal Insufficiency; Urinometer; Urinary Test Case; How to Obtain Urinalysis Case Free of Charge from the College; Chemical Reaction of Urine; How to test the Urine for Albumen, Sugar, Bile, Uric Acid, Blood, etc.

MECHANO-THERAPY.

Various Positions Assumed During Mechano-Therapeutic Treatments.

Mechano-Therapeutic Movements.

Active Movements Performed by Patient.

PRINCIPLES OF OSTEOPATHY.

Man as a Machine.

Circulation of the Blood in Relation to Osteopathy.

MANUAL MANIPULATION IN MECHANO-THERAPY.

Definition.

Definition of Manipulation.

Scientific Observation Made Upon a Healthy Adult Upon Whom Passive Manual Manipulation Was Carried on Daily for One Month.

TREATMENT OF DISEASE BY MECHANO-THERAPY.

(The methods of treatment of disease taught in this course are entirely original with this college, and are the systematized experience of over forty years of scientific observation and practical work in over two hundred thousand Mechano-Therapeutic Manipulations given, and the student therefore learns methods which will give positive results. He will know for a certainty that by following our instructions he will



ANNA M. DAVIES, M.-T. D.

"NO GUESSWORK ABOUT MECHANO-THERAPY."

Racine, Wis., Oct. 29, 1909.
The American College of Mechano-
Therapy,
Dr. W. C. Schulze,
Chicago, Ill.

Dear Doctor:

Now that I have completed my course with the American College of Mechano-Therapy, I feel anxious to say a few words in commendation of the same. As I advanced in my studies and the methods of the college unfolded themselves before me, I was more and more impressed with the fact that I could have made no better choice of methods, since my choice had fallen upon the "Noble Art of Healing." The methods of the American College of Mechano-Therapy are simple, and yet to the point. There is no guess work about Mechano-Therapy; it is an exact science, and the practitioner knows what results its methods will gain, when scientifically applied. It aims to keep the circulation of the blood perfect, and thus to establish permanent health. Nature knows best how to overcome discord of her function. Mechano-Therapy, by the employment of natural means, cures disease by assisting nature to set herself right.

The course which the American College of Mechano-Therapy sets forth

is so complete in every way that the student who has earned a diploma from the institution should be thoroughly competent to take his place among the other practitioners of the healing art.

Even before I had completed the course, I surprised myself by accomplishing a number of successful cures upon persons whom I was using for purposes of study. I cannot refrain from mentioning one cure in particular, which I consider remarkable and of which I am extremely proud. The case is that of my mother. She is a woman sixty years of age, and she has been a sufferer from constipation and stomach trouble from her youth and she had given up all hope of cure years ago. However, she readily consented to my making a study of her. I did not tell her of my hopes of benefiting her, because I was not overconfident as to how much I could benefit her, her case being of such long standing. I began with very gentle manipulation and gradually increased the treatment as she became accustomed to them. It was not long before she could see for herself that she was being benefited. I began to treat her about the first of July and she is fully cured at present, although I still give her an occasional treatment, in order to insure doubly the good result. She declares that she feels thirty years younger and she certainly acts it out, for, instead of being a pessimistic semi-invalid, she is cheerful and active and she never tires of telling her friends what Mechano-Therapy has done for her.

So much for Mechano-Therapy, even in the hands of a beginner. Small wonder, then, that it works miracles in relieving human ailments. We must all work together to increase its growth and popularity.

Yours for Mechano-Therapy,

ANNA M. DAVIES, M.-T.

H. J. Harness, M.-T. D., a graduate of the American College of Mechano-Therapy, located in a Western State, writes us as follows:

I have not been opened quite a month yet, and **am having remarkable success.** I am treating from **seven to ten cases every day and get \$2.50 per treatment.**

be able to cure his patients in all cases amenable to Mechano-Therapeutic methods).

Constipation—Diseases of the Liver; Indigestion; Hemorrhoids and Piles; Diseases of the Urinary Organs; Chronic Nephritis (Bright's Disease); Rheumatism and Gout; Lamé Back and Lumbago; Stiff Neck; Sciatica; Sprains; Neuralgia; St. Vitus' Dance; Diseases of the Respiratory Organs; Pulmonary Tuberculosis; Physiological Action of Movements Prescribed in Respiratory Diseases; Bronchitis; Asthma; Pleurisy; Mechano-Therapy in Disease of the Heart; The Schott Method for Heart Disease; Curvature of the Spine; Sclerosis; Deformities of the Feet; Deformities Arising from Paralysis Occurring in Young Children; Locomotor Ataxia; Apoplexy or Cerebral Hemorrhage; Anemia; General Weakness; Insomnia (Sleeplessness); Obesity (Excessive Fleshiness); Catarrh; Laryngitis and Pharyngitis; Disorders of Digestion; Diseases of the Stomach; Hernia (Rupture); (All these Diseases, their causes, signs, symptoms and their treatment are taught thoroughly).

SUGGESTIVE THERAPEUTICS OR MENTAL HEALING.

Influence of Mind over Matter; Possibilities and Limitations of Suggestion; Practical Value of Suggestion; Greatest Importance to Mechano-Therapist to Practice Suggestive Therapeutics by cultivating a cheerful disposition; Necessity of Patient's Belief in his Recovery; Value of Strong Personality; Various Forms of Suggestion; Mesmerism.

HYPNOTISM.

An Original, Scientific Definition of Hypnotism; Border Line between Mystery and Known Laws; Nature and Causation of Hypnotic Influence; The State of the Brain in Hypnotic Influence; The famous French Scientist, Belhauf, on Hypnotism; Definition of Disease from the Standpoint of the Hypnotist; The Various Ways of Producing Hypnotism; Awakening the Patient; Dangers of Hypnotism. Christian Science and the Methods used by Christian Scientists in treating Patients.

HYDRO-THERAPY, OR WATER CURE.

Definition—Difference between heat and cold.

Effects Upon the Nervous System.

Action Upon the Circulation.

"THIRTEEN MONTHS AFTER GRADUATION."

Church of United Brethren in Christ,
Rev. Claude E. Sayre, Ps. D., Pastor,
Elliott, Ill.

October 6, 1909.

American College of Mechano-Therapy,
Dr. W. C. Schulze, President,
Chicago, Ill.

Dear Doctor Schulze:

It has been some time since I graduated from the American College of Mechano-Therapy, and I now feel like I should add my word of testimony as to the merits of Mechano-Therapy and the American College.

It gives me very much pleasure indeed to say that I am well pleased. The course of study far surpassed my fondest expectations, and the treatment received from the faculty could not have been better. To say that I am pleased, is but putting it mildly—I am satisfied—I feel like saying Eureka!

For more than eight years I have been a student of Occult Science, Hypnotism, Suggestive Therapeutics, Drugless Healing in its varied forms, and during this time completed a course in Osteopathy from a regularly incorporated institution; therefore, I feel that I am in a safe position to judge intelligently concerning the merits of any system of healing.

I desire to say that I consider Mechano-Therapy superior to every other system. It is the best, because it is more comprehensive. It not only teaches all that the other systems teach, but more, thereby giving the Doctor of Mechano-Therapy a double advantage over his competitor.

Since graduating, I have successfully demonstrated that Mechano-Therapy is efficacious in the alleviation of disease and suffering. It is my honest conviction that, in the next few years, this wonderful science will lead all the others.

I do not hesitate to recommend the American College of Mechano-Therapy and shall be glad to answer all letters of inquiry concerning the College and this scientific system of drugless healing.

With best wishes for my alma mater and for your continued prosperity, and with kind regards to the faculty.

CLAUDE E. SAYRE, D. O., M.-T. D.

PUBLIC WILL RECOGNIZE MECHANO-THERAPY.

Maurice Francis Murphy.
Evangelist.

Madison, Minn., May 21, 1909.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

I received my diploma and am much pleased with it, and can say that I am also much pleased with the course in Mechano-Therapy which I have just finished. While the course seems simple, it is made so through the ability of the faculty of the College, and anyone of ordinary education, with the assistance which you give, may successfully take up this course.

I believe the day is not far distant when the public will recognize in the science of Mechano-Therapy its great healing power for all the ills of life.

I thank you for your considerate treatment of me while a student of the College. I desire to have my name enrolled as a member of the State and National Associations of Mechano-Therapists. I enjoyed the Journal which you sent to me. Please let me know the subscription price.

Wishing you success in your efforts to promulgate the science of Mechano-Therapy, I am,

Very sincerely yours,
MAURICE F. MURPHY, D. M.-T.,
Evangelist.

"MOST DIRECT WAY OF SCIENTIFIC HEALING."

Gloucester, Mass., Sept. 27, 1909.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

I would like to add my testimonial to your large number of others.

Would say that, to those people who look for high aims and purposes, the study of Mechano-Therapy opens the door to a world of promise, an insight to right living and a means of relieving distress in the most direct way of scientific healing. To a person with ambition, the good they can accomplish is unlimited.

Very sincerely yours,
BERTHA S. TAIT, M.-T. D.

Local Cooling and Heating.

General Cooling and Heating.

Internal Administration of Water.

Therapeutic Methods.

Baths—General; High Bath; Plunge Bath; Half Bath; Full Bath; Occipital Bath; Sitzbath; Cold Rub; Wet Compress; Head Compress; Throat Compress; Chest Compress; Trunk Compress; Abdominal Binder; Wet Pack; Dry Pack.

DIETETICS.

Normal Diet under various Conditions; Infants' Diet; Influence of Climate on Diet; Hard Labor and What to Eat; Fattening Diet; to Reduce Obesity; to Increase Muscle; for Training; for Brain Work.

Classes of Food.

Water as Food, and its Dietetic Use in Health and Disease.

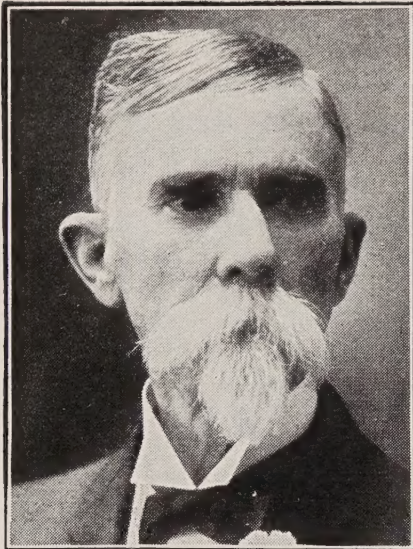
Salts and their Uses; Animal Foods; Milk; Eggs; Meats; Digestibility of all kinds of Foods; Vegetable Foods; Cereals; Legumes; Roots; Green Vegetables; Fruits; Nuts; Fats; Beverages; Coffee; Cocoa; Dietetic Treatment of Fevers; General Rules for Dyspeptics; Treatment of acute Gastritis; Chronic Rheumatism; Diabetes.

MECHANO-THERAPY IN ACTUAL PRACTICE.

Relation of Mechano-Therapy to all other Methods of Healing; Evolution of the Healing Art; Ridiculous Remedies; Not Wise to Condemn All; the Abuse of Surgery and Drug giving; What the Mechano-Therapist Can Honestly Claim for His Methods; the Watchword of the Mechano-Therapist; Our Graduates have the Strongest Weapons for Combating Diseases; Impossible to give a Mechano-Therapeutic Treatment without Doing the Patient Good; Approach every case with Courage; Mechano-Therapy never harmful; Always Quick Results in Mechano-Therapy; Where to Locate; Subject matter for the Graduate to use in Building up a practice rapidly; Time required for Complete Treatment; What to Charge; Marshall Field's Tribute to Mechano-Therapy; All the Testimonials of the Chicago Movement Cure, conducted in connection with the college, may be used by our Graduates; How to Locate; Suitable Sign; Business Cards and Samples thereof.

THE BUSINESS SIDE OF MECHANO-THERAPY.

How to approach a Patient; How to Gain his Confidence Quickly;



RUFE WALDO THORNTON, D. D. S., D. M.-T.

MECHANO-THERAPY USED WITH ASTONISHING SUCCESS.

August 27, 1909.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

I took your course in Mechano-Therapy for information. Besides, I always had a desire to relieve suffering humanity.

My other engagements have prevented me from taking up the regular practice, but I have used it in some cases with astonishing success.

I treated successfully a case of prostatic trouble when a specialist had recommended an operation. The party is satisfied that the cure is permanent.

I treated with perfect success a case of adipose abdomen, to the very great gratification of my patient. I treated, several months ago, a case of sciatica, with entire relief of pain and symptoms, which have shown no return. I treated some minor ailments which yielded so promptly that one could hardly believe his own senses.

I was satisfied from the course that it was built on a solid foundation and

scientific basis, but from what I have seen I am doubly convinced.

I would be glad to take up the regular practice of Mechano-Therapy, and possibly shall, laying everything else aside.

I would recommend your course to anyone desiring to take it, and wish you and your school much success.

Yours truly,

R. W. Thornton, D.D.S., D.M.-T.,
Ex-President State Dental Society.

ONE YEAR'S EXPERIENCE, "I GLORY IN THE WORK."

Zanesville, Ohio, Sept. 8, 1909.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

Your request for a letter reached me. Am glad to assure you of my continued success. The system is greatly appreciated by all those who have taken the treatment, and I continue to feel the glow of enthusiasm of a year ago.

The satisfaction daily lies in overcoming conditions and compelling results to a speedy issue, because this system proves out the wonder-working power to accomplish comfort to a normal basis of harmony and health. I glory in the work, and would not be without the "knowing how" this knowledge of Mechano-Therapy gives.

To me the key is one that leads to power and success immeasurable.

Thanking you for your interest and co-operation, I am,

Very sincerely yours,

V. L. FIELD, M.-T.

I AM GETTING A GOOD PRACTICE IN M.-T.

Dr. Sam Levy, O. D., M.-T., a graduate of this college, writes us as follows:

I am doing a good business and getting a good practice in M.-T. Mechano-Therapy goes together with my profession, Optometry. The people here are getting used to Mechano-Therapy.

how to get the Fees at once; how to greet the Patient; how the patient should be seated; how to take the Patient's case History; how to find out rapidly what is ailing the Patient; Consumption; the Business talk which will make the Patient willing to pay the fee; how to handle the Question of the size of a Fee; Real Money talk; Always get Cash down; Center Mental Power on Patient; get good pay for Services in order to be appreciated; Difference in the care and Taking of a Case between the Physician and the Mechano-Therapist; Great Advantage Mechano-Therapist has; Certainty of success by Methods Taught.

WHO ARE OUR STUDENTS?

Earnest, ambitious men and women, not necessarily young, who seek a high-class, professional calling which will provide them with permanent, congenial employment, at a superior rate of remuneration, in any place or at any season.

Our business and professional men and women who appreciate the superlative value of knowing how to live and escape, or avert, the physical disabilities of an artificial existence with an intelligence, equal, at least, to that which bids the hound fight disease with abstinence.

OPPORTUNITY FOR WOMEN.

Women are gifted by nature and temperament to make a success in this calling.

They bring to it a fine sympathy, a keen intuition and unlimited patience—qualities that make success easy and fees high.

ADVICE TO GRADUATES.

The greater amount of sickness is unnecessary. It is your duty to do all in your power to reduce it. You have learned the means.

If properly treated by natural methods, infants should never have a sick day; youths should grow to greater girth around the breast than around the hips; girls should have a "peaches and cream" complexion without resort to cosmetics; mothers should approach parturition without fear and emerge without danger; fathers should reach old age with all their hair and retain their strength to a ripe old age. They should disengage themselves from life's struggles possessing a dignity of person and a youthfulness of aspect eloquent of the profitability of Mechano-Therapeutic methods.



CAROLINE Z. LINDSAY, M.-T. D.

**"ENTHUSIASTIC OVER MY
SUCCESS."**

Brooklyn, N. Y., Sept. 27, 1909.

American College of Mechano-Therapy,
Dr. W. C. Schulze, President,
Chicago, Ill.

Dear Doctor:

I have been working in Mechano-Therapy a few weeks and have very good results. I am very enthusiastic over my success so far, and on the strength of it will open my office by October 1.

I think it no more than fair and feel it my duty to the College to write and thank you for the interest you have taken.

The course in your College, from beginning to finish, was very instructive, clear and extremely interesting.

I enclose my photograph, which you are at liberty to use for the purpose of the College.

Sincerely wishing your college success, I am,

Yours truly,

CAROLINE Z. LINDSAY, M.-T. D.

**"YOUR PRICE OF TUITION FAR
TOO LOW."**

Buffalo, N. Y., Oct. 30, 1909.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

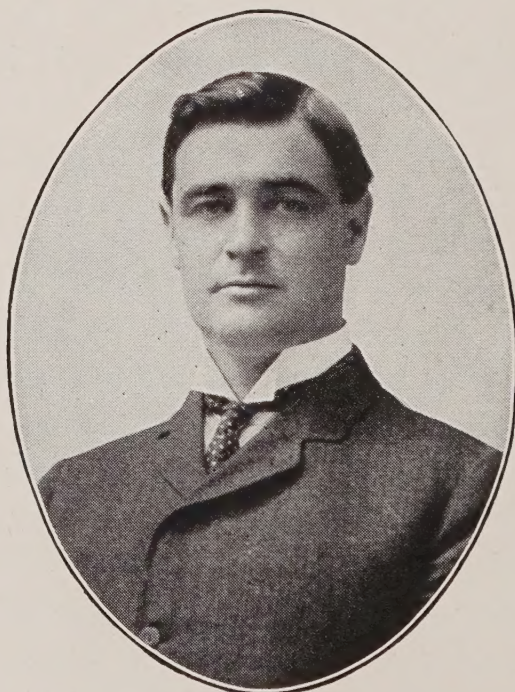
I certainly consider your price of tuition far too low, the charts alone being worth more than you get for the whole course.

I shall always be pleased to commend the College to any prospective student. I must not forget to mention your promptness and courtesy in answering all questions. When a student is in doubt I have found the College ever ready to make things clear to him, but this is not often wanted, as the lessons are so plain and simple, yet exact.

Thanking you again for all past favors and wishing the College the success it deserves, I remain,

Yours very truly,

HENRY F. KISLER.



HENRY F. KISLER, M.-T. D.

ANCIENT AND HONORABLE ORDER.

The graduate must hold his profession in the highest esteem as an indispensable factor in the elevation and preservation of society.

He must remember he is a twentieth-century exponent of a science as old as the human race and not less honorable.

THE STATUS OF MECHANO-THERAPY.

This profession is a necessary and noble calling. Like medicine it is a science and an art. It has proved its title to weighty consideration by surviving every change in medical theory for six thousand years, and is today the most methodical of all the subdivisions of medical science. It is the sole reliance for relief in a long list of serious ailments.

Among its exponents are many of the foremost physicians in the world.

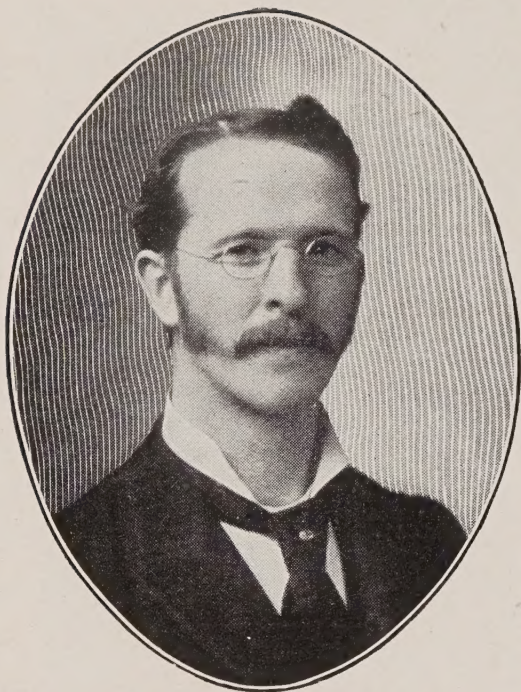
A DIGNIFIED PROFESSION.

The graduate should, therefore, keep in mind the respect to which his calling is entitled and so conduct himself toward the community that this respect will not be withheld. He should insist on the deference due a dignified and serious calling whose main concern is the amelioration of suffering.

For a Mechano-Therapist is no more exempt than the physician in his duty to humanity. Although the Mechano-Therapist makes money, and a good deal of it, he should look upon his calling from a more lofty standpoint than that of cash. The profession is not simply a money making device.

For this reason we exclude undesirable applicants, by which we mean, not those who are in humble circumstances, but persons of bad or vicious character, in order that the profession shall be represented by a high-grade, responsible class of men and women to the advantage of all engaged in it. Persons under 18 years of age, are also excluded, unless their application is accompanied by the written consent of their parents or guardians.

We believe this is the only first-class college in the world that imposes such restrictions. They are, however, simply those which are imposed by any reputable medical college in the country and are no hardship to any except those whom it is desired to keep out. They



G. R. GILRUTH FISHER, M.-T. D.

**"THE VERY BEST OF DRUGLESS
HEALING METHODS."**

**Presbyterian Manse.
Forest Lake, Minn.**

October 11, 1909.

American College of Mechano-Therapy,
W. C. Schulze, M.D., Dean,
Chicago, Ill.

My Dear Sir:

Permit me to say that I deem it one of the greatest privileges of my life to have taken up the study of Mechano-Therapy. I believe it to be one of the very best of drugless healing methods and that it is time that humanity had some such humane system of Therapy, whereby its manifold ills might be treated, goes without saying.

I may say that I took up the work under the able instructors of your College, because I wanted to save my dear wife from the inevitable in allopathy, namely, the abomination of narcotics, as she was a great sufferer from Neuralgia, and though she is not cured as yet, she is much better, and I have not had to resort to these murderous drugs since grasping the principles of Mechano-Therapy, and THIS IS SAYING MUCH.

I may never practice as a Doctor of Mechano-Therapy, in a public sense, yet I am positive that I have acquired

something that will stand me in good stead as the father of a large family, as a Pastor, and as one that will be a helper of his fellow men—AS ALL MEN SHOULD.

I trust that you will labor unceasingly in compelling due recognition of this science par excellence, that your school will grow by bounds and that all your faculty may be prospered, is the heart's wish of yours most sincerely in every cause for the best good.

G. R. GILRUTH FISHER, M.-T. D.

**FEEL EQUIPPED TO START IN
THE WORLD.**

Cambridgeport, Mass., Oct. 11, 1909.

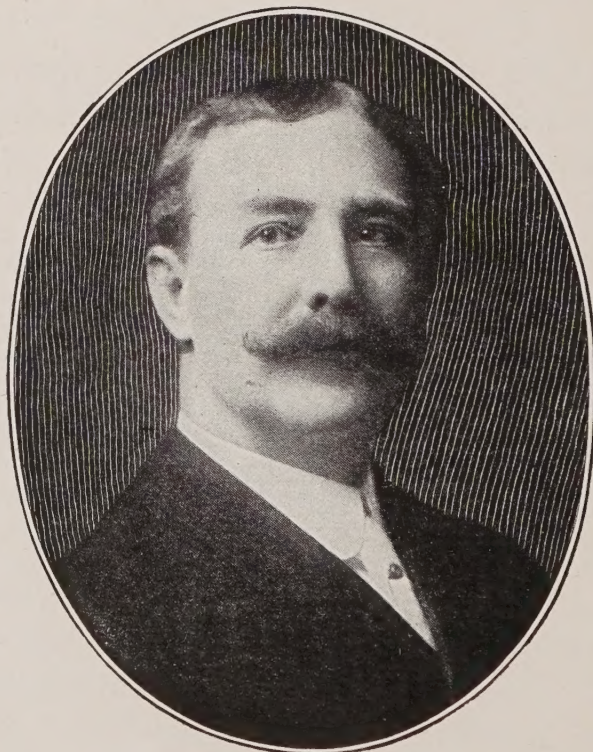
To the American College of Mechano-Therapy, Chicago, Ill.

Dear Sirs:

I have thoroughly enjoyed the lessons, and to me the time spent studying them has been happy hours well spent, and now, I feel equipped to start out in the world, able to do some good to my fellow beings. I wish to thank you for your courteous treatment and trust I will have your hearty co-operation in the future.

Yours for success,

CHAS. E. LINTON.



CHAS. E. LINTON, M.-T. D.

are, rather, a guarantee to those who are entitled to the advantages of this school that the calling they have chosen will be maintained on the high plane which commended it to their consideration in the first place.

ADVANTAGES OF CORRESPONDENCE INSTRUCTION.

For the earnest man or woman, the one who pays for his instruction out of his own pocket, no method of imparting knowledge is superior.

“It is the very best class of students who do the work by correspondence,” said the late President Harper of Chicago University.

“Through a correspondence system of home study thousands of young people are receiving professional training which is even more practical and thorough than that received at college,” is the substance of a statement by Charles U. Gordon, ex-postmaster of the City of Chicago.

When the printed lecture is supplemented, as we supplement it by careful, individual criticism of the student’s work, the correspondence method is quite equal to a personal recitation in a classroom.

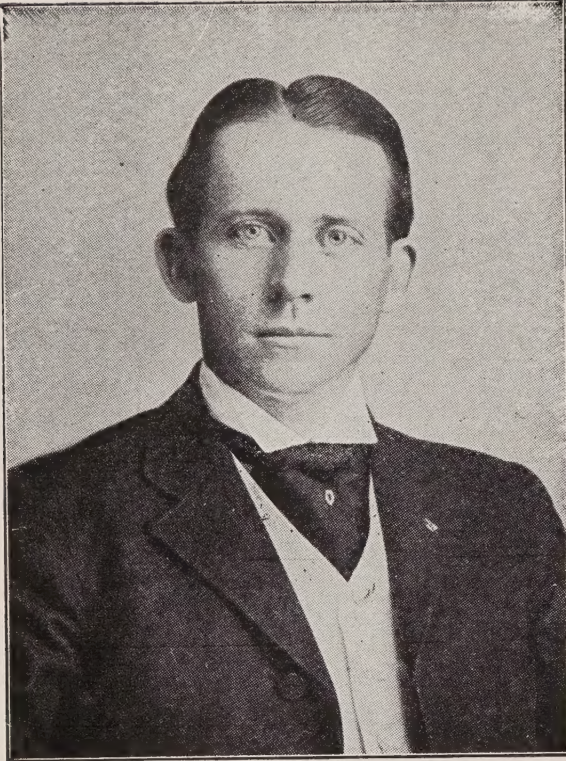
It is even superior to it. In the classroom the student may not speak to his professor for days, or be allowed to recite for a week, whereas the correspondence student recites, in writing, whenever he sees fit to do so, and his instructor’s attention is always brought to bear in a purely personal way on his work. Moreover, there are no idle classmates to distract his attention or influence his determination to learn. He is not hurried, except by his own impatience.

NOW!!

Some, the thoughtless, say, “that’s good”; I’ll take that—next week, or next month; or “after awhile.”

That’s bad. The resolution expressed in such a statement, is good, but the decisiveness is wanting. To put off is the policy of a weak willed fellow and a failure—always. What is worth doing is worth doing right and worth doing NOW. Putting off is presumptive it will never be done at all.

When Mr. Hill, President of the Great Northern Railroad, undertook to build his road he did not sit back and tell himself to wait. He did not delay until he had fifty million dollars. He started to build



DR. F. T. SLAGLE, D. M. T.

GRADUATE SAYS: BEST PAYING PROFESSION.

Oct. 7, 1907.

Dr. W. C. Schulze, Dean,
American College of Mechano-Therapy,
Chicago, Ill.

Dear Doctor:

The good you have done me through your instructions has been far beyond my expectations. I bless the day that I enrolled as one of your students.

Mechano-Therapy is one of the cleanest, best paying, up-to-date professions I know of, and if any young, old or middle aged man or woman is looking for a profession that will never die, why not choose one that is up-to-date in every respect. **One** that is remunerative from the start. **One** that is practical in every way. **One** that is not built on theory. **One** that is progressive. **One** that is fascinating. **One** that will make you prosperous while you are making others happy. **One** where you will be appreciated for what you are worth.

There is no school where economy is given so much consideration and the branches of study are not taken "just to lengthen the time." Every

study is of practical utility. Anatomy, physiology, etiology, pathology and diagnosis are studied side by side. The knowledge acquired in the class room becomes practical experience as fast as it is learned.

I can heartily recommend Mechano-Therapy to all who want a fine profession. May God bless us all in the good work of Mechano-Therapy.

Yours sincerely,
DR. F. T. SLAGLE, D.M.T.

"MECHANO-THERAPY ALL YOU CLAIM FOR IT AND MUCH MORE."

Mobile, Ala., Oct. 1, 1907.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen:

I must say that your course in Mechano-Therapy is all that you claim for it, and much more. Its study has been the source of the greatest pleasure for me and I was hardly able to wait quietly for the advance lessons to arrive. I have already proven its value.

Yours very respectfully,
RISHER W. THORNBERRY,
Physical Director of the Y. M. C. A.
Mobile, Ala.



RISHER W. THORNBERRY.

that road while he was still working in a little coal yard in Duluth. The only capital he had, was himself.

Successful men do not wait. They never wonder if they will be able to secure a better position in life. They go right ahead preparing themselves to fill that better position, knowing that instead of their waiting for it, it is waiting ready for them as soon as they are competent.

This has always been the law of opportunity since the world began to roll and it will not change. So go out and meet your opportunity; but first LEARN how to profit by it.

HOW TO BEGIN.

Before the student enrolls we require that he fill out the application blank IN FULL and return it to us accompanied by the enrollment fee.

PERSONAL VISITS.

We shall be glad to have any student, or prospective student or their friends call at the college at any time. The officers and members of the faculty will be pleased to see them and give them any information they may desire regarding our course.

TERMS.

Further information regarding cost of tuition, etc., may be obtained by addressing F. Stevens Tinthoff, who is the Director of the Correspondence Department.

REMITTANCES.

All remittances must be made payable to the American College of Mechano-Therapy, 120-122 Randolph St., Chicago, Ill., and not to any individual member of the Faculty.

OUR FINANCIAL STANDING.

As to our financial standing, we refer by permission to the Commercial National Bank, the Produce National Bank, both of Chicago, Ill., or to any reputable mercantile agency.

**AMERICAN COLLEGE OF MECHANO-THERAPY,
120-122 Randolph Street,
Chicago, Illinois.**



V. L. FIELD

**"MECHANO-THERAPY IS INDEED
A WONDER WORKER."**

Zanesville, O., May 3, 1908.

American College of Mechano-Therapy,
Chicago, Ill.

Gentlemen: The course of Mechano-Therapy, to me, is an ideal realized. It fully meets all I hoped for in the scientific art of curing physical ills. Before taking the course I had thoroughly investigated Osteopathy and Neuro-Magnetic healing, but felt a something lacking in both systems and method.

Mechano-Therapy is the par excellence in principal and for practice, because of its entire thoroughness in detail, and complete fullness to supply abundantly and yet avoid monotony, limitation and the violence that upsets the system (the undesired reaction found in other methods) points of the greatest value to give satisfaction.

To me, in this Mechano-Therapeutic principle, that acts directly upon the cause to remove it with the power that compels speedy results, do we find the Ideal System that crowns and transcends all.

The first week I opened office and treating rooms I received two patients that were so-called incurable when they came in, but during the first treatment all was changed—the glorious light of Mechano-Therapy skillfully used showed

them that they were being cured already. Mechano-Therapy is indeed a **Wonder Worker**. I feel it an honor and privilege to be a Mechano-Therapist.

Yours sincerely,
V. L. FIELD.

**"PROMINENT OPTICIAN EN-
DORSES MECHANO-
THERAPY."**

Feb. 4, 1908.

American College of Mechano-Therapy,
Chicago, Ill.

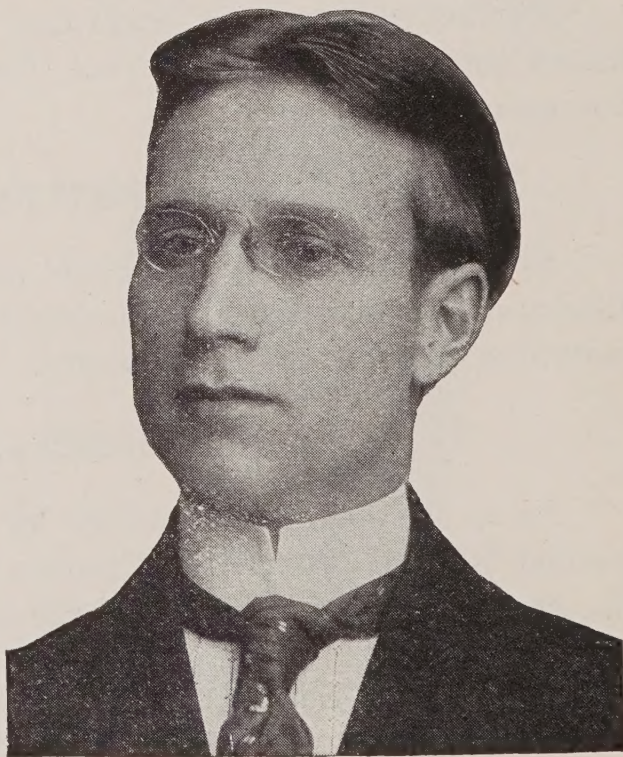
Gentlemen:

I have taken your course and feel very well satisfied, and I cannot say too much in praise of your college.

I have practiced optics for the past 10 years and feel that I have lost half of that time without Mechano-Therapy. Optics goes in fine with this profession as a side line.

Should you have any correspondent in doubt as to the value and advantages of your course, simply refer them to me and I will be pleased to give them my past experience in Mechano-Therapy.

Yours very truly,
DR. A. J. MILLARD.



DR. A. J. MILLARD.

DR. S. D. SOUR,
Medical Director.
DR. C. E. COLE,
Consulting Surgeon.

DR. O. W. WESTLIND,
Director of Mechano-Therapy
and
Medical Gymnastics.

American Institute
of Mechano-Therapy, Medicine and Surgery.
131 West Superior Street.

Aug. 27th, 1909.

American College of Mechano-Therapy,
Dr. W. C. Schulze, Pres.,
Chicago, Ill.

Dear Doctor:-

During the past six months, I have been interested in Mechano-Therapy and it's results and being a regular physician with some eighteen years experience, I am in position to judge and compare Mechano-Therapy and medicine as to their effect in their application and use in morbid and diseased conditions in the human system and must say that Mechano-Therapy beats all your medicine in the vast majority of cases that need relief. Then again, it is the treatment that is scientific, common sensed and in harmony with natural laws. It has attained brilliant achievements and fully demonstrated it's superiority to drug Therapy in every way and is far more satisfactory to the patient. It has come to stay and will eventually place the drug method, with few exceptions, in the back ground. Yet, it is only in it's infancy and the coming years will see it marching on with enviable success that no other method has achieved, or ever will.

I am now associated with Dr. O. W. Westlind and have closely observed this work for the past several months and must say that he has been very successful and has fully demonstrated his ability, both as a practitioner in Mechano-Therapy as well as a demonstrator and lecturer on the same. He has shown himself as energetic and very skillful in his application of the above method in curing his patients and has succeeded when other treatment failed.

I expect to take a full course of instruction in Mechano-Therapy under Dr. Westlind and render myself proficient in the same.

Your school has won a place for itself and may it have a brilliant future in sending out graduates who shall be thoroughly versed in Mechano-Therapy and be an honor to their Alma Mater.

Sincerely yours,

Dr. S. Sour.

Graduate of Jeff. Med. College, Philadelphia, Pa. 1891.
Graduate of Med. Dept. Hamline University, Hamline, Minn.
1896.

O. W. Westlind, M.-T. graduated from the American College of Mechano-Therapy April 21st, 1908.

C. E. Cole, M.-T. graduated from the American College of Mechano-Therapy, July 3rd, 1908.

We have been informed that the American Institute conducted by the above gentlemen, is meeting with remarkable success, both professionally and financially.

DR. W. C. SCHULZE, DEAN.

CLIPPINGS FROM LEADING AMERICAN DAILIES WHICH TELL STRONGLY WHAT MECHANO-THERAPY IS

(The Omaha, Neb., Daily Bee.)

AMERICAN COLLEGE. The Largest Institution of Its Kind in the World.

From Chicago come reports that the new science of Mechano-Therapy, which cures disease by the simple use of a pair of hands, has fairly leaped into universal patronage.

The American College of Mechano-Therapy of Chicago, the largest institution of its kind in the world, tells by the student body the awakened interest in this infant profession. Its students are located all over America and Canada, and the college cannot, it seems, increase its facilities fast enough to take care of the growing demand for its teachings.

(Commercial Appeal, Memphis, Tenn.)

CURE ALL HUMAN ILLS. A College Education Not Necessary to Master Mechano-Therapy.

It would be well for readers to learn something of Mechano-Therapy, the latest discovery for the cure of all human ills.

This new art of healing is really astonishing the world. It is being taught to hundreds, if we may take the students of its greatest college as an indication.

This institution is the American College of Mechano-Therapy at Chicago, Ill. Men and women with just a common school education learn Mechano-Therapy in a few months.

(Milwaukee Sentinel.)

A SCIENTIFIC TRIUMPH. Is the Latest Science of Mechano-Therapy, Which Cures Disease Without Knife or Medicine.

"The 20th century will accomplish more than all the centuries before it." These words came from a prominent man many years ago.

The latest discovery for the cure of all bodily ills seems to be in keeping with this prophecy. This science is Mechano-Therapy, and its converts are sweeping rapidly over the earth. America's greatest college for the teaching of this science, the American College of Mechano-Therapy at Chicago, has reported its student body to be increasing at a tremendous rate, thus proving the keen interest taken in this profession.

Mechano-Therapy is nothing but the simplest of rules laid down for the treatment of disease with the use of only the human hands.

The cures reported by this educational institution are almost beyond belief, but the high standard of its faculty precludes the possibility of doubt. The world is watching this infant science and will hail it with delight and universal patronage within the brief space of months.

Mechano-Therapy, unlike other schools of curative education, is capable of being learned in a few months. This is possible only because of its great infallibility and simplicity.

(The Cincinnati Enquirer.)

A STARTLING NEW SCIENCE. Which is Literally Going Forward With Leaps and Bounds.

This is truly the age of wonderful achievements so far as conquering the ills of mankind is concerned, without the use of drugs, potions, pills or the surgeon's knife. The new science of Mechano-Therapy is making such tremendous inroads into the ranks of medicine that it stands before us today not a novice, but a serious science.

Mechano-Therapy is nothing more or less than the bloodless and knifeless healing of disease by a perfect understanding of the expert use of the practitioner's hands. The reports of cures made by the new science are remarkable in their almost miraculous results.

The American College of Mechano-Therapy of Chicago, Ill., reports that its students this year come from all over America, and that they include men and women from almost every walk of life.

It appears that the most remarkable feature of Mechano-Therapy is the fact of its simplicity. The science is readily learned at home after a few months' study. The fundamental principles of Mechano-Therapy are so well founded on scientific principles that failure seems out of the question, yet these same principles are nothing but simple methods of nature applied by the use of human hands. It were well for our scientists to look deeply into this wonderful discovery.

(Cleveland, Ohio, Plaindealer.)

THE NEW DISCOVERY Which Heals Disease by the Simple Use of Hands Is Causing Great Comment.

The new science of Mechano-Therapy, which cures all disease simply by applying the use of human hands at the right spot in the correct manner, seems to have awakened scientists in a most unheard-of manner.

This science and its students and practitioners have rapidly spread until today it embraces almost every section of our land. The recital of its cures seems almost unbelievable. The American College of Mechano-Therapy is the foremost institution in our land devoted exclusively to the teaching of this science, and its classes this year, it is understood, have been more than doubled. What seems more remarkable than all else in this new discovery is that its principles are so simple that any one can learn them after only a few months' study, and more than that, they seem to be infallible, unlike those of medicine and other schools devoted to the science of treating human ills.

Chartered By The State of Illinois



TO ALL TO WHOM THESE PRESENTS MAY COME, GREETING.

Whereas from time immemorial it has been a laudable custom and one universally approved that those persons who have devoted their lives to the study and practice of the noble Arts and Sciences should receive Recognition and Reward and be elevated to high Distinction and Degree; Therefore being deeply impressed with the wisdom propriety and usefulness of this historic custom and in conformity with its usages Know all Men by these Presents That having satisfied ourselves of the Good Moral Character, High Professional Standing and his having passed a most satisfactory examination as to Mechano-Therapeutical skill

Therefore **William Charles Schulze** has been created and made a **Doctor of Mechano-Therapy** and is awarded this **Diploma** And to him has been granted all rights and privileges everywhere pertaining to this Degree.

In Witness Whereof we have subscribed our names confirmed by the seal. Given from the halls of this College to be signed by its President and Secretary and the official Corporate Seal of said institution hereto affixed at City of Chicago, Illinois United States of America this ____ day of ____ in the year of our Lord One Thousand Nine Hundred and ____



W. C. Schulze, M.D.
President

Wm L. LeRoy M.D.

J. J. Tinschoss
Secretary

W. H. Bromund M.D.

S. J. Tinschoss
Treas.

[The above is a photographic reproduction of our Diploma. It is handsomely executed on white art parchment; 17x22 inches in size and is an ornament to any professional person's office. This beautiful Diploma with the name written plainly in is given to all our students **free of charge** on graduation.]

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Mechano-Therapy Means an Honorable Calling, Independence and Health

Dr. W. C. SCHULZE, President and Dean,
American College of Mechano-Therapy,
Northwestern University Building,
Chicago, Ill.

Cuba, Mo., Dec. 1, 1908.

My dear Doctor and Faculty:—

Having just received my diploma, I wish to express my sincere thanks for your persistence in calling my attention to studying Mechano-Therapy, as now I feel the A. C. of M. T. has laid the corner-stone of my future success, being a graduate of the National Optical College of St. Louis, and my past ten years of extensive travel has given me sufficient evidence that there was plenty of room for success (for all who would try) as a healer of suffering humanity. And the science, as taught by the A. C. of M. T., is within the reach of all who have a desire to take up the great and glorious cause of healing the sick, without the use of poisonous drugs and the knife. I found your course most interesting and thorough, as each lesson was looked forward to with more and more interest. And the course being so easily comprehended and digested that I can cheerfully recommend the American College of Mechano-Therapy to anyone who is desirous of promoting their position in life both professionally and financially and who wish to become master of their own time. No greater boon could be bestowed on them than to graduate with honors. In the A. C. of M. T. your charts are masterpieces and your diploma is an honor to each and every proud possessor of it, coming from the doors of the A. C. of M. T., and anyone wishing a graduate's honest and candid opinion about your college and its merits, you are certainly at liberty to refer them to me, as I consider I could do them no greater service than to point them (with pride) to the beacon light ahead—The American College of Mechano-Therapy—for an honorable calling, independence and health.

I wrote to several of your graduates before I enrolled as a student, and today (January 1st) I am writing them and thanking them (as my New Year offering) for their pointing out to me their way of seeing the light ahead. I feel honored to be one of your graduating class of 1908.

So assuring you of my best wishes and kindest regards for you and the faculty of the American College of Mechano-Therapy, and wishing you God-speed in the good work you are doing, I shall always hold myself ever ready to aid the A. C. of M. T. in any way I can. Do not hesitate to ask, as one good turn deserves another, and the knowledge I have gained in your course at such very reasonable figures (which should be cheap if doubled twice) places me under unlimited obligations to the A. C. of M. T.

I remain sincerely yours,

Dr. W. G. MYERS,

M. T. & O. G.

